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HALLOWEEN FEATURE, PAGES 12 & 13



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SANDY SWELLS UP

The Hudson River swells and rises over the banks of the Hoboken, N.J., waterfront as superstorm Sandy approaches on Monday. Sandy continued on its path, forcing the shutdown of mass transit, schools and financial markets, sending coastal residents fleeing, and threatening a dangerous mix of high winds and soaking rain. For more on the storm turn to pages 8, 9 and 20. CHARLES SYKES/THE ASSOCIATED PRESS

United Way cash tied up

No new money for fall.
Multi-year agreements take up more than 96% of community fund



ALEX BOUTILIER
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United Way Ottawa has informed charities it will not be accepting community funding proposals this fall.

In a memo to board chairs and executive directors of partner agencies, United Way of Ottawa's (UWO) Carole Gagnon said more than 96 per cent of community-fund investments have been tied up in two- and three-year funding agreements.

"As a result, there will not be a call for proposals process in the fall of 2012," Gagnon, UWO's vice-president of community services, wrote. "The Community Services Cabinet will be reviewing the timing for the next call for proposals, which will be communicated in 2013."

The decision means the majority of charities that apply

for year-to-year funding under UWO's community fund will be cut out for a second straight year. In an interview on Monday, Gagnon said that the decision of whether to issue a call for proposals in 2013 will depend on the organization's fundraising results. United Way Ottawa has set a fundraising goal of \$30 million this year. Last year, the organization raised \$32 million.

In April, the UWO committed more than \$6.5 million to three-year agreements, \$1.9 million to two-year agreements, and just under \$189,000 to one-year agreements.

Gagnon said the "vast majority" of charities are requesting multi-year funding to provide stability in their budgets.

"A multi-year investment is more sustainable for them to deliver their programs and to achieve the kinds of results they can only achieve over a period of time," said Gagnon.

"The reality is that until we know the results of this coming campaign, we won't know if we can have another call for proposal and the timing of that call for proposal."

Who gets funds?

Some organizations locked in to three-year funding arrangements with the UWO include:

- Boys and Girls Club of Ottawa. \$711,388 per year.
- National Capital Region YMCA/YWCA. \$203,920 per year.
- The Elizabeth Fry Society of Ottawa. \$159,824 per year.
- Wabano Centre for Aboriginal Health. \$85,895 per year.

According to UWO spokesman Barry Keegan, it's likely that multi-year funding model will continue into the future.

"It's not unlikely, but again it's always subject to campaign results," Keegan said, noting organizations can apply for short-term funding through other methods.



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Costumed crusaders rally on Hill against oil subsidies

Furor over fossil fuels. Protesters call for end to \$1.4 billion in subsidies, feds say incentives already being phased out



ALEX BOUTILLIER
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Hundreds of people gathered on Parliament Hill Monday to protest federal government subsidies to oil companies.

The protesters, many of whom were participants in last weekend's Powershift convention, were demanding the Conservative government end subsidies to large oil companies.

"We're demanding that the federal government put an end to the fossil-fuel subsidies that they give out each

year to corporations to the tune of \$1.4 billion," said Kathryn Lennon, one of the organizers of the conference.

"We're hopeful that they hear us, of course, but also recognizing that this won't be the end."

Natural Resources Minister Joe Oliver's office told Metro the Conservatives have phased out some of those subsidies — a commitment made in their budgets for 2007 and 2011.

"Let's get the facts straight: Our government has never introduced tax incentives for the oil and gas sector. In fact, we've formally committed to phase out pre-existing fossil-fuel subsidies," wrote Chris McCluskey, Oliver's director of communications, in an email.

"We have already phased out all special tax preferences for oilsands producers. Additionally, we have introduced new, special tax relief for clean-energy generation."



Protesters on Parliament Hill don Halloween costumes and display effigies at a demonstration calling for an end to oil-industry subsidies. The Conservative government says it's already phasing out tax incentives related to the industry. ALEX BOUTILLIER/METRO

Investment deal with China threatens Canadian sovereignty, says May



Elizabeth May holds the Foreign Investment Promotion and Protection Agreement (FIPA) with China that would protect foreign investment through legally binding obligations. GRAHAM LANKTREE/METRO

Green party Leader Elizabeth May was rebuffed for a second time Monday as she called for an emergency debate on a new investment treaty that she says could see China get a say in Canadian decision-making.

"For the first time since NAFTA, we're dealing with a larger economic power that wants to buy up our resources," said May of the Foreign Investment Promotion and Protection Agreement (FIPA) Prime Minister Stephen Harper signed with China Sept. 9. It was the second time in as many weeks that May called

for a debate.

House of Commons Speaker Andrew Scheer said the issue is important, but it didn't meet the tests under the standing orders of the house.

"China has always had the carrot of billions of dollars that it wants to invest in Canada," May said. "Now it has the stick of a threat of billions in losses if we don't do what they say."

She pointed to a move by the City of Vancouver to restrict foreign ownership in the city that could open Canada up to a suit and a loss of

sovereignty as a result.

The bilateral agreement would "protect and promote" foreign investment through legally binding rights and obligations.

David T. Fung, vice-chair of the Canada-China Business Council, said China would only have a basis for a lawsuit if a piece of legislation specifically targeted Chinese investments or businesses while leaving those of other countries alone.

"Losing our sovereignty has no basis in fact at all," he said.

GRAHAM LANKTREE/METRO

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WHY WEIGHT?

Steven Boone wanted to date men, not kill them, defence lawyer argues

HIV trial. Crown counters accused man went beyond fantasy talk to real-world risk to others



JOE LOFARO
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A man with HIV accused of attempting to murder three men by exposing them to the virus was not trying to kill them, he was trying to date them, a lawyer argued Monday.

In addition to the attempted-murder charges, Steven Boone, 31, was charged with administering a noxious substance — HIV — to the same three men from January to April 2010. He also faces charges of attempted aggravated sexual assault.

He has pleaded not guilty to the charges, but his lawyer, Ian Carter, asked the jury to find him guilty on only two counts of aggravated sexual

assault.

The jury was told of thousands of pages of MSN chat logs retrieved by the Crown, in which Boone sought sexual partners on online "hookup" sites and allegedly tried to infect them with a fatal disease by having unprotected anal and oral sex.

But Carter argued Monday the Crown "hasn't even come close" to proving that.

"No motive, not a peep from Mr. Boone in all those thousands of pages of chat logs about wanting to kill anyone, and the chance of potential death (is) so minuscule and so far removed from the actual sexual acts that no real connection to a killing could possibly be made," said Carter.

He went on to say that there was no intent for Boone to infect his partners, even though he may have lied about his status before having sex.

"When you look at all of the chats and the evidence about his personality, the most reasonable inference is that he lied because he didn't

Final submission

More than just a fantasy, Crown argues

In her final submission, Crown prosecutor Meaghan Cunningham argued the contrary.

"He follows that talk up with actual sex with actual people that carries an actual risk of HIV infection, the very result he fantasizes about," said

Cunningham.

Boone satisfied his own "perverse sexual desires," said Cunningham, in doing something that he knew could probably kill his victims.

"And he did it anyway. From this, you can absolutely conclude that every time he tried to infect one of his victims, he did so with the intent to kill."

The jury is expected to start deliberating Tuesday.

JOE LOFARO/METRO

Quoted

"When you look at all of the chats and the evidence about his personality, the most reasonable inference is that he lied because he didn't want to get rejected, not because he was trying to spread HIV."

Steven Boone's lawyer, Ian Carter

want to get rejected, not because he was trying to spread HIV," said Carter.

Boone was pursuing a romantic relationship with

these men, said Carter, and when the accused talked about infecting other men online, it was "all actually just fantasy talk."



Steven Boone faces an array of charges including administering a noxious substance — HIV — to several men. CONTRIBUTED



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Convict testifies in ex-roomie's murder trial

Second-degree murder charge. Man who beat Dominic Doyon with crutches says victim was 'really nice'



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A man convicted of manslaughter in the 2009 killing of Dominic Doyon testified at his former roommate's trial Monday about the kind of guy the victim was.

"He looked like a really, really nice guy. Really soft-spoken,"

Victim

"He looked like a really, really nice guy. Really soft-spoken."

Carl St. Cyr on murder victim Dominic Doyon

recalled Carl St. Cyr of his first encounter with Doyon.

St. Cyr was sentenced to seven-and-a-half years for manslaughter in April and his roommate, Toby Land, is on trial on a charge of second-degree murder in connection with the same incident. Land has pleaded not guilty.

St. Cyr said Doyon, who was 33 at the time of his death,

didn't look violent and appeared to be a "nonchalant, shy" kind of guy. Doyon even offered St. Cyr the only room with a bed in the apartment they shared with Land.

St. Cyr admitted to the jury that he had an outburst when he was asked to leave a restaurant and then smashed one of his wooden crutches against a nearby parking meter.

He said Land pitched in to help him buy a pair of aluminum crutches when they were in Montreal.

The jury heard St. Cyr used his aluminum crutches in the beating and stabbing attack that led to Doyon's death on May 4, 2009.

The trial continues Tuesday.



Police investigate bank robbery

Ottawa police looking into a bank robbery want the public's help identifying a man whose image was caught on a security camera. Police say on Oct. 22, around 2:30 p.m., a man entered a bank along the 200 block of Main Street. The suspect passed a note making a demand for cash and he fled with an undisclosed sum. There were no injuries. Police describe the suspect as white, in his late 30s to early 40s, about five-feet-five tall, with a slim build, reddish-blond beard, bad teeth, pock-marked face and swollen lips. He emitted a strong odour of alcohol and cigarette smoke. Anyone with information is asked to contact the robbery unit at 613-236-1222 ext. 5116 or Crime Stoppers at 613-233-8477. METRO

Heritage development

Another bar for ByWard Market?

Ottawa's built heritage advisory committee is being asked to recommend a new one-storey development bordering the ByWard Market Heritage Conservation District (HCD).

The development — a large, one-storey restaurant and bar — is being proposed

for 116 York St. The location is currently a parking lot.

"The ByWard Market HCD was the site of many surface parking lots when it was created in 1990. Since that time, many of these lots have been built upon, recreating street-scapes continuity," reads the report, which comes before the committee on Thursday. "This project ... will continue that trend."

ALEX BOUTILIER/METRO

This week

Bi-weekly garbage collection starts

Residents are being reminded that changes to the city's waste-collection schedule take effect Monday. Household garbage will be collected with the blue box every two weeks. Visit ottawa.ca for more information.

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CompuCorps' Dylan Whiteduck and Zeina Osman say the charity's new "My First Computer Job" program for underprivileged girls will prompt youth to get into the tech industry. GRAHAM LANKTREE/METRO

Local charity helps underprivileged girls join tech world

CompuCorps.

Organization gives youth marketable skills by teaching them to build computers from scratch



GRAHAM LANKTREE
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Don't recycle your old laptop or desktop computer at Best Buy, argues local charity CompuCorps — it can still be used in a new program to teach underprivileged young girls the ins and outs of the tech world.

"I think it's important to show young women that there are female professionals in this industry," said Zeina Osman, head of communications with CompuCorps. "It's not just for boys."

In the eight-week "My First Computer Job" program for

12- to 15-year-olds starting Saturday, CompuCorps is giving girls the chance to build a computer from scratch under the guidance of female mentors from companies like Adobe, Cisco and Microsoft, as well as the Ottawa police's IT division. The girls get to keep the computers, too.

"Underprivileged youth don't have easy access to computers. They don't develop some of the skills their peers have by the same age," said Osman. The youth are paid \$25 for eight weeks and a rotating group of female mentors teaches them everything, from how to upgrade software to how the different parts of the computer connect internally.

"It's a very slow process for a lot of them," said Osman. "A lot of these kids are missing the opportunity to find out how computers work. This is a way for them to be on par with their peers."

By the end of the program,

the girls will have gained some very practical work experience.

"They receive a certificate and reference letter on completion," said Osman. "It teaches them they can make money with this. They have to show up on time and they have responsibilities."

Benefits for youth aside, CompuCorps aids the environment as well, she added.

"It's 30 times better to reuse technology than recycle. What they do at Best Buy is send scrap computers to China and melt them down for their metals. They won't give you a tax receipt, either."

Osman said that when the iPhone 5 was released, people began bringing in their iPhone 3s to CompuCorps' discount store and were rewarded with a \$400 tax receipt.

"We can refurbish it," Osman said, "and a 16-year-old might get her first cellphone at a discounted price."



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Give coupons, not candy, local doc urges

Health on Halloween.

Founder of Ottawa's Bariatric Medical Institute hopes to get trick-or-treaters skating, swimming

ROSANNA HAROUTOUNIAN
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Dr. Yoni Freedhoff, founder

of Ottawa's Bariatric Medical Institute, is giving out coupons to the city's skating and swimming facilities at his house this Halloween.

"I don't think I need to contribute to the candy of the night," said Freedhoff.

He said research has proven coupons or toys can be as well-received by trick-or-treaters as candy is. He said stickers, tattoos, sugar-free gum and play-dough can be given out instead.

Coupon craving

"I'm not anti-Halloween. But given who I am, my house probably shouldn't give out candy."

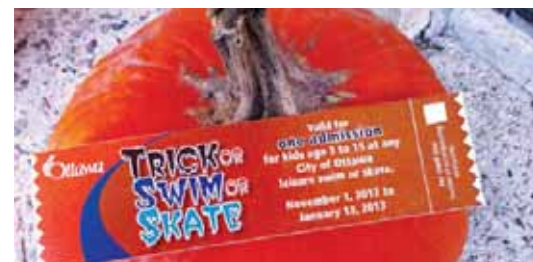
Dr. Yoni Freedhoff

Freedhoff added he's not fearful of having his house egged. "I think if the en-

tire neighbourhood gave out coupons for things that were not candy-related, that might be a problem as far as egging goes."

A coupon allows anyone three to 15 to participate in one session of leisure swimming or skating for free at City of Ottawa facilities from Nov. 1 to Jan. 13.

They're \$1 each and can be purchased in books of 10 at city-run recreation centres.



An image from Dr. Yoni Freedhoff's blog, where he wrote about giving out these City of Ottawa swim and skate coupons for Halloween. WEIGHTYMATTERS.CA

'Stache for Cash and Movember. Campaigns competing for men's mo's

Movember isn't the only campaign getting men to grow beards and moustaches to raise money for prostate cancer.

The Ottawa Regional Cancer Foundation and Ottawa Fire Services are teaming up for the third annual 'Stache for Cash campaign to support local cancer trials and surgical centres.

"Since the money's staying in Ottawa, it could be your family, your friends, your neighbours, your brother who's accessing these treatments, and a lot of the time that's important to people who are fundraising," said Robin McGuire, events co-ordinator at the Regional Cancer Foundation.

Sam Levine is growing his mustache for 'Stache for Cash as part of a team with his colleagues.

"We thought it'd be a lot of fun to grow mustaches and support a local organization that does a lot of good

work," said Levine.

'Stache for Cash participants started growing their facial hair on Oct. 22 and will continue to collect money until Nov. 22.

Movember starts on Nov. 1 and runs until the end of the month.

Money from Movember goes to the Movember Foundation's research, mental-health and awareness programs, as well as Prostate Cancer Canada.

"If imitation is the greatest form of flattery, then here we are blushing," said Matt Matheson, PR and communications manager at Movember Canada.

Saving Ottawa is holding Ottawa's Best Moustaches contest to raise money for 'Stache for Cash.

Movember participants can compete for Man of Movember, Miss Movember, Best Lame Mo, and other awards at local gala parties at the end of the month.

ROSANNA HAROUTOUNIAN/METRO

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Logos for competing cancer fundraisers 'Stache for Cash and Movember.

TOP: MOVEMBER.COM, BOTTOM: OTTAWACANCER.CA

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People walk down a flooded street as superstorm Sandy moves up the coast on Monday in Atlantic City, N.J. Governor Chris Christie's

Welcome to Sandy land

Faster, stronger than expected. A Toronto woman is killed by flying debris as high winds whip the city

Superstorm Sandy slammed into the New Jersey coastline and hurled a record-breaking four-metre surge of seawater at New York City on Monday, roaring ashore after washing away part of the Atlantic City boardwalk and putting the presidential campaign on hold.

In Toronto, police said a woman was killed by a falling sign as the storm approached the city. Winds were about 65 km/h in the area at the time.

Just before its centre reached land, the storm was stripped of hurricane status, but the distinction was purely technical, based on its shape and internal temperature. It still packed hurricane-force wind, and forecasters were careful to say it remained every bit as dangerous to the 50 million people in its path.

Labelling

"Nature doesn't really give a darn what we call it."

Chris Landsea, of the National Hurricane Center, on Sandy being a difficult storm to label because it began to lose its tropical characteristics as it hit shore

The National Hurricane Center announced at 8 p.m. that Sandy had come ashore near Atlantic City. The sea surged a record of nearly four metres at the foot of Manhattan.

In an attempt to lessen damage from the storm, New York City's main utility cut power to about 6,500 customers in lower Manhattan. Authorities worried that seawater would seep into the New York subway and cripple it, along with the electrical and communications systems that are vital to the nation's financial centre.

As it closed in, Sandy knocked out electricity to more than 1.5 million people and figured to upend life for tens of millions more. It

smacked the boarded-up big cities of the northeast corridor, from Washington and Baltimore to Philadelphia, New York and Boston, with stinging rain and gusts of more than 135 km/h.

As it made its way toward land, it converged with a cold-weather system that turned into a fearsome superstorm, a monstrous hybrid consisting not only of rain and high wind but of snow. Forecasters warned of six-metre waves bashing into the Chicago lakefront and up to 90 centimetres of snow in West Virginia.

Hundreds of thousands of people were under orders to move to higher ground. The storm knocked out electricity to more than a million people, and storm damage was projected at \$10 billion to \$20 billion, meaning it could prove to be one of the costliest natural disasters in U.S. history.

THE ASSOCIATED PRESS

FOR PHOTO GALLERIES AND THE LATEST STORM UPDATES, VISIT METRONEWS.CA





emergency declaration shut down the city's casinos and 30,000 residents were ordered to evacuate. MARIO TAMA/GETTY IMAGES



What should be added to BuzzFeed's Absolute Worst Things In The World list? A mangled umbrella. A pedestrian struggles with his in Baltimore on Monday. JOSE LUIS MAGANA/THE ASSOCIATED PRESS

Survival kits — do you have one?

The Canadian Red Cross says remnants of Hurricane Sandy have potential to be the most widespread weather emergency since the ice storm of 1998.

- But the organization polled 1,000 Canadians and found 38 per cent of us do not have an emergency kit that could see us through 72 hours.

Vessel made in Canada

Captain still missing after crew abandons ship near N.C.

A Canadian-built replica 18th-century sailing vessel got caught in Hurricane Sandy's wrath and began taking on water Monday, forcing the crew into lifeboats in rough seas off the North Carolina coast.

The U.S. Coast Guard rescued 14 people by helicopter and spent much of the day searching for two missing crew members.

One of them, 42-year-old Claudene Christian, was found dead in the water on Monday evening, according to reports. She was taken to hospital while rescuers continued to search for the missing captain of the HMS Bounty, 63-year-old Robin Walbridge.

Both Christian and Walbridge were wearing survival suits designed to help keep them afloat and protected from cold waters for up to 15 hours.

Earlier in the day, coast guard rescue swimmer Randy Haba helped pluck several crew members off a 7.6-metre life raft.

"It's one of the biggest seas I've ever been in. It was huge out there," Haba said. **THE ASSOCIATED PRESS**



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Reagan National Airport in Arlington, Va., was nearly deserted as the leading edge of Hurricane Sandy moved across the nation's capital on Monday. WIN MCNAMEE/GETTY IMAGES

Sandy grounds flights worldwide

Stranded passengers.

Nearly 10,000 flights cancelled as major travel hubs across the globe feel effects of superstorm

Staying put

"The storm has such a wide swath and so many major airports are involved that it's going to take some time (to recover)."

Angela Gittens, director general of the Airports Council International

Hurricane Sandy grounded thousands of flights in the U.S. northeast Monday and upended travel plans across the globe, stranding passengers from Hong Kong to Europe. The massive storm threatens to bring a near halt to air travel for at least two days in a key region for both domestic and international flights.

Major carriers such as American Airlines, United and Delta cancelled all flights into and out of three area airports in New York, the nation's busi-

est airspace. According to the flight-tracking service FlightAware, nearly 10,000 flights had been cancelled for Monday and Tuesday, almost all related to the storm.

The cancellations have already surpassed those from last year's damaging Hurricane Irene. They're now on par with a major winter storm in early 2011, when 14,000 flights were scrapped over four days.

Delays rippled across the U.S., affecting travellers in cities such as San Francisco to Chicago. Disruptions spread to Europe and Asia, where airlines cancelled or delayed flights to New York and Washington from major travel hubs like London, Paris, Tokyo and Hong Kong.

Sandy slammed into the New Jersey coastline and hurled a record-breaking 13-foot surge of seawater at New York City on Monday, roaring ashore after washing away part of the Atlantic City boardwalk.

Just before its centre reached land, the storm was stripped of hurricane status, but the distinction was purely technical. It still packed hurricane-force wind, and forecasters were careful to say it remained every bit as dangerous to the 50 million people in its path.

THE ASSOCIATED PRESS

Deadly storm

Death toll continues to rise in Caribbean

Residents of Cuba's second-largest city of Santiago remained without power or running water Monday, four days after Hurricane Sandy made landfall as the island's deadliest storm in seven years, ripping rooftops from homes and toppling power lines.

Across the Caribbean, the storm's death toll rose to 69, including 52 people in Haiti, 11 in Cuba, two in the Bahamas, two in the Dominican Republic, one in Jamaica and one in Puerto Rico. THE ASSOCIATED PRESS

Rain check. Talk show hosts get the night off in wake of looming storm

David Letterman and Jimmy Fallon are doing their shows without audiences. Jimmy Kimmel, visiting from his home base in sunny Hollywood, cancelled a taping in Brooklyn. The Daily Show and The Colbert Report are taking the night off, and each of Broadway's 40 theatres will be dark through Tuesday — all because of a powerful storm bearing down on the East Coast.

Hurricane Sandy didn't just halt airline flights on Monday, it also caused widespread cancellations in the entertainment industry. THE ASSOCIATED PRESS



Jimmy Fallon GETTY IMAGES FILE

Social media used as means for child trafficking

Real dangers.

Seemingly innocent flirtation leads to horror as predators find new tools to entrap girls

When a 14-year-old girl received a Facebook friend request from an older man she didn't know, she accepted it out of curiosity. It's a click

she will forever regret, leading to a brutal story that has repeated itself as sexual predators find new ways to exploit Indonesia's growing obsession with social media.

The junior-high student was quickly smitten by the man's smooth online flattery. They exchanged phone numbers, and his attention increased with rapid-fire texts. He convinced her to meet in a mall, and she found him just as charming

Predators on Facebook

"So far this year, 27 of the 129 children reported missing (in) Indonesia ... (were) abducted after meeting their captors on Facebook."

Merdeka Sirait, chairman of the National Commission for Child Protection
One of the 27 has been found dead

in person.

They agreed to meet again. After telling her mom she was going to visit a sick girlfriend on her way to church choir practice, she climbed into the man's minivan near her home in Depok, on the outskirts of Jakarta.

The 24-year-old man, who called himself Yogi, drove for an hour to the town of Bogor. He locked her in a small room inside a house with five others.

THE ASSOCIATED PRESS



In this Oct. 19 photo, Indonesian youths browse at a cafe. There are eight cases this month of girls being abducted. TATAN SYUFLANA/THE ASSOCIATED PRESS

Myanmar. Violence between Muslims and Buddhists raises concern

Survivors of ethnic clashes in western Myanmar lashed out at the government Monday for failing to prevent violence between Muslims and Buddhists that has displaced more than 28,000 people over the last week.

The crisis, which first began in June, has raised international concern and posed one of the biggest challenges yet to Myanmar's reformist President Thein Sein, who inherited power from a xenophobic military junta last year.

The latest violence between ethnic Rakhine Buddhists and Rohingya Muslims began Oct. 21 and has left at least 84 people dead and 129 injured, according to the government. Human-rights groups believe the true toll could be far higher.

"The authorities are not solving the problem and soldiers are not defending us," said Kyaw Myint, a Muslim man who took refuge at Thechung camp, outside Sittwe. He fled his home in nearby Pauktaw when it was torched Wednesday.

"I feel as though I am in hell," he said. "We have no one to take care of us, no place to go, and now no job to earn a

Root cause

"We are helpless because the government is not dealing with the root of the problem."

Rakhine trader Maung Than Naing, 37 living."

A 37-year-old Rakhine trader named Maung Than Naing, reached by phone in the village of Kyauktaw, also expressed anger over the government's handling of the violence.

"We are helpless because the government is not dealing with the root of the problem," he said. "We no longer want to live with the Muslims."

Maung Than Naing, who also lost his home in an arson attack, blamed the Rohingya for breaking the calm.

"These poor Muslim people who live hand to mouth burned their own homes so that they enjoy the UN aid where they are given shelter and free food," he said. Although many Rohingya have lived in Myanmar for generations, they are widely denigrated as intruders.

THE ASSOCIATED PRESS

Mauritius

Hundreds of monkeys bred for labs, killed

An animal-rights group has published pictures and video of hundreds of monkeys the group says were killed by a primate breeding farm on the island nation of Mauritius.

The animal rights group BUAV said the monkeys are being bred for sale to labs in the U.S. and Europe. The group says the monkeys were killed because they had grown too big to sell. BUAV says the killings took place at a lab called Noveprim.

THE ASSOCIATED PRESS

Egypt

Coptic Christians to select new pope

A council of Egypt's Coptic Christians voted on Monday in a process that will lead to the selection of a new pope for the ancient church, as the community struggles to assert its identity and rights amid a rising tide of Islamism that has left many Copts fearful for their future. The succession follows the March death of Pope Shenouda III at the age of 88, after 40 years as the leader of the Coptic Orthodox Church. THE ASSOCIATED PRESS

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DON'T

Absolutely don't try any of these when it comes to your Halloween costume:

1. Be a racist. At the Campbellford Royal Canadian Legion hall in 2010, one man went as a Ku Klux Klan member and another went in blackface, wearing a noose. They won "best costume." The president of the legion, who was not at the event, later issued an apology.
2. Be a Nazi. In 2005, Prince Harry dressed up as a Nazi at a costume party. It's not any more appropriate at Halloween.



GETTY IMAGES FILE

3. Go naked. It's probably also a bad idea to "dress up" as Prince Harry in Vegas — at least if you plan on going out in public.
4. Be a perv. Some pre-made Halloween costumes are truly atrocious. "Dr. Howie Feltersnatch, gynecologist" may give you a giggle when you read his name tag — but not everyone's going to laugh.
5. Go in blackface. At a homecoming pep rally in Waverly, N.Y., this fall, three white students put on blackface and re-enacted Chris Brown beating Rihanna. Neither blackface nor domestic abuse make for great Halloween costumes.
6. Be a "happy priest" or "sexy nun." Package costumes for women that take religious figures and cultural stereotypes and make them "sexy" for women and add a fake erection for men are bound to offend.



ISTOCK

Halloween lights up retailers' eyes, too

Sweet deal. Trick-or-treat spending expected to top out at \$1.5 billion this year

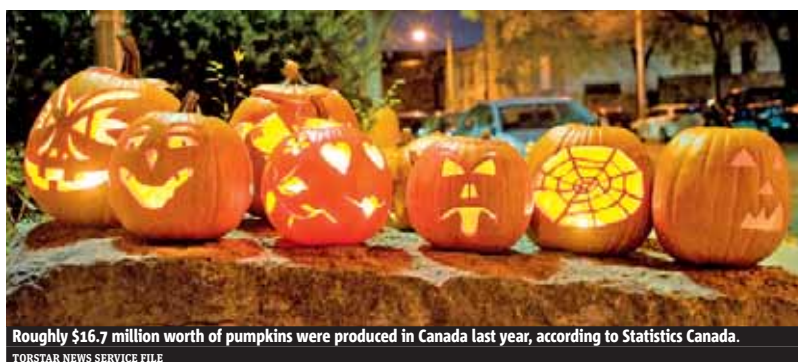


JESSICA SMITH
Metro in Toronto

There are almost 3.8 million kids of prime trick-or-treating age in Canada this year and families are spending enough on candy to give them all a killer sugar high, according to Statistics Canada.

Canadians are expected to spend \$1.5 billion on Halloween-related purchases again this year, as they did in 2011, according to Consolidated Credit Counseling Services of Canada.

Candy, confectionery and snack food sales skyrocket every October, according



Roughly \$16.7 million worth of pumpkins were produced in Canada last year, according to Statistics Canada.

TORSTAR NEWS SERVICE FILE

to Statistics Canada, which publishes a list of Halloween statistics every year. Sales totaled \$355.9 million in October 2011, almost \$80 million higher than the average month of sales that year.

Even pumpkins play a significant role in the Canadian economy in the fall, with

\$16.7 million worth produced in Canada last year, according to Statistics Canada.

According to the Bank of Montreal, Halloween is helping Canadians boost retail spending higher this year than last.

"Retailers have enjoyed some growth despite a chal-

lenging economy and mixed signals from consumers throughout this year. We expect retail sales for the month of October to be up slightly more than two per cent from a year ago for a total of \$39.5 billion," said Doug Porter, Deputy Chief Economist, BMO Capital Markets.

By the numbers

\$75

In a poll conducted in September, the Retail Council of Canada found Canadian households with children plan to spend an average of \$75 on Halloween purchases this year.

\$24

The study found people who live alone intend to spend an average of \$24.

75-100%

Half of the people polled said they plan to spend 75 to 100 per cent of their budget on candy.

DO

Try out one of these great #lastminutecostume suggestions from Metro readers:

- @rangina told us she bought \$2 eyeliner to become "the woman who tattooed DRAKE on her forehead." A woman from L.A. did just that in 2011 and the photos of her real, permanent tattoo went viral.



- For the less controversial, try @mlo10's suggestion. She tweeted, "@metro-toronto paperbag princess! Inside out leaf bag, rope, and a tiara."



Michelle Janzso tweeted this photo of her Paper Bag Princess costume. CONTRIBUTED

- The politically inclined can be Clint Eastwood at the Republican Convention. Wear a suit, bring a chair. That way, if you end up alone at the party, you still have someone to talk to.



Popping on costumes of pop culture icons most popular way to celebrate

Masks of American presidents flew off the shelves of a popular Toronto costume shop this year — but prime minister masks are harder to find.

Malabar, a theatrical costume and dance shop, was so packed with costume hunters on the weekend before Halloween they hired security, which controlled a lineup that went out to the street.

Alana Sambey, a dancewear expert who becomes a Halloween costume expert every fall, said the store's elaborate masks are always popular.

"There's always political stuff, they want Obama or Bush — he's really popular — and (Bill) Clinton," she said. "They sold out pretty fast."

Customers often ask for Canadian politician masks — especially of Stephen Harper — but the store hasn't found a manufacturer that makes them, she said.

This year's most popular costumes are Catwoman and Bane from the Dark Night Rises, Sambey said. Superheroes of all kinds — from the current movies or timeless comics — are always popular, she said.

"People come in looking to be inspired," she said. "But I love when people are making their own costumes. When they say they're looking for this and this, and avoid buying a packaged costume, I love helping them out."

JESSICA SMITH/METRO IN TORONTO



Dancewear expert Alana Sambey holds up a Bane costume at Malabar on Monday morning. JESSICA SMITH/METRO IN TORONTO



U.S. presidents — Obama, Clinton and Bush — remain a popular costume choice north of the border. PHOTO ILLUSTRATION: DAVID VAN DYKE/METRO; PHOTOS: GETTY IMAGES FILES

Going out in Gangnam Style

Psy says he'll be dressing his best this Halloween because his fans from around the world will be dressing up as him.

The South Korean rapper of Gangnam Style fame, whose real name is Park Jae-sang, went on Reddit last week to answer questions from fans on everything from how he and his family are handling his speedy rise to global fame to what he'll be wearing on Oct. 31.

"I heard my costume is costume of the year, so this Halloween I gotta dress more classy, as classy as possible," he wrote, adding that South Korea doesn't celebrate Halloween.

Psy will be performing for the first time in Canada Tuesday night at the Kool Haus in Toronto, as part of a promotion for Samsung. The first 25 people at the door with a Galaxy device and the best five Psy impersonators will be let in, but all of the other tickets have been given away, according to the phone company.

If dressing up as Psy and the other characters from Gangnam Style proves to be as popular as the music video, there may be millions of Psy Oppa's out tomorrow night. Good thing there are a number of looks to chose from.

Playground/Beach Psy:

You'll need: Pink shorts, white collared shirt, orange ascot or silk scarf, tortoiseshell sunglasses, and a glass of cola to spit everywhere.



Psy in the stables:

You'll need: A black suit or tux, black shirt, white bow tie, black shades, black and white oxfords, a talent for horse dancing.



Garbage Psy:

You'll need: A blue blazer, black shades, black pants, white shirt, black bow tie and some friends who are willing to throw garbage at you.



Psy in the sauna:

You'll need: A blue towel, black shades and little modesty.



Gangnam Girl:

You'll need: A flowing white shirt, white socks and sandals, and sparkly shorts (or shorts, sequins and a glue gun).



Yelling at yoga butt Psy:

Adventurous couples will need: Black suit jacket, black shades, black bow tie, khakis, a white sleeveless shirt and yoga gear.



Nong Chul and Psy in the elevator:

To be comedian Nong Chul you'll need: Straw hat, lime green T-shirt and a hole punch, white shorts and some fabric pens, construction paper, glue and a necklace chain, black sandals.

To be Psy you'll need: A black suit, black bow tie, black shades and a healthy level of comfort with the friend who is going as Chul.



Tweets over sheets. Social media more irresistible than sex, study shows

Not tonight, dear ... I'm on Facebook.

Well, it may not have come to that (as of yet), but a new study suggests social-media activity, such as checking tweets and email, trumps sex, as well as smoking and alcohol, in terms of sheer irresistibility.

The University of Chicago Booth School of Business, operating in Germany, used smartphone-based surveys to check the desires of 205 men and women, most of whom were college-aged, ABC News reported.

For one week, the phones buzzed seven times daily alerting the students to take a survey on the type, strength and timing of their desires (for sex and/or using social media) and their ability to resist them.

This meant they had to identify what the desire was and how strong it was. They also had to note if it conflicted with other desires and whether they decided to accept or resist the temptation.

While the desire for sex was stronger, the study subjects were more likely to cave in to the desire to use media, including email and social network-



A study has found that the desire to use social media trumps sexual desire. DAN KITWOOD/GETTY IMAGES

ing platforms like Facebook and Twitter, according to the study.

Wilhelm Hofmann, an assistant professor and lead author of the study, says because social media is readily accessible (unlike sex, for many), it's harder to turn down.

He added that it likely won over tobacco and alcohol, also on the list of desires, simply because social media is perceived as being cheaper.

TORENT NEWS SERVICE

Sensenberger has sights set on different spotlight

Unruly passenger.

Aspiring actress and wife of senator doesn't want to be known as 'the crazy Air Canada lady'

As her face flashed across television screens throughout the Saskatoon airport's boarding area, Maygan Sensenberger slunk a little lower into her seat. An aspiring actress and model, she'd always dreamed of being famous. Just not like this.

All Sensenberger, 23, wanted to do was get home to Ottawa after pleading guilty to causing a disturbance on an Air Canada flight she took in August along with her 69-year-old husband, Liberal Sen. Rod Zimmer.

But her sensational case — she was accused at one point of threatening to kill her husband — had attracted intense media scrutiny and public interest.

The couple had been on the way to Saskatoon for Zimmer's mother's interment the night of the fateful flight. Neither

will discuss the details of precisely what happened.

Witnesses reported Zimmer was in medical distress and Sensenberger was equally distressed when she felt no one was giving him enough help.

Zimmer suggested the whole thing was his fault after he tried to convince her his health was fine.

So here she was now, sitting in the departure lounge, her face splashed on television. Total strangers were snapping cellphone photos.

"It gave me a taste of what travelling is going to be like," Sensenberger said during a recent interview in her husband's Senate office.

At first, Sensenberger planned to lie low for a while. But she quickly got bored.

She started sending out headshots, and soon landed roles in two consecutive independent films. She intends to keep at it, while learning to navigate Ottawa's political waters.

"I plan to be big," Sensenberger predicts. "It might take me 40 years, but I'm never going to stop." THE CANADIAN PRESS



Maygan Sensenberger during an interview on Parliament Hill, Thursday. The 23-year-old met 69-year-old Sen. Rod Zimmer in Toronto four years ago. Their age difference drew stares immediately. SEAN KILPATRICK/THE CANADIAN PRESS

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pet expo comes to ottawa

Thousands of pet owners and pet lovers from around the National Capital Region will attend Ottawa's first-ever Pet Expo on Nov. 10-11. Held in the new CE Centre near the airport, Ottawa Pet Expo promises oodles of fun for the whole family — including pets. Families are encouraged to bring their pets to the event, where they can sample various foods and toys and try on a new collar or two.

"Ottawa Pet Expo is an entirely new concept in exhibitions of this kind," says Jake Naylor, show manager. "Every member of the family — from children to parents to pets — will find something to make them smile."

The event features tons of booths devoted

to everything from pet food and fashion to obedience training, fencing solutions, and boarding facilities. Ottawa Pet Expo has it all: Dogs, cats, fish, rabbits, turtles, and birds, as well as a petting zoo of exotic animals such as snakes, tarantulas and the world's smallest crocodiles. Another highlight is Quebec's infamous "teacup pigs," Mini-cochon. The event also has a breeders' zone of beautiful purebreds and various demonstrations and contests (complete with prizes).

"It's a great opportunity to do some Christmas shopping early," says Naylor. "And one of the rescue organizations or breeders might just introduce you to your new best friend."

Education is also a key theme. Renowned

speakers will give lectures on topics such as responsible pet ownership, choosing an appropriate pet, and enriching the lives of indoor cats. Veterinarians will provide seminars on pet care, and exhibitors will share their knowledge on nutrition, health, and training. The Ottawa Humane Society, the Official Charity Partner of Ottawa Pet Expo, will provide on-site micro-chipping services for a small fee. A pet photographer and pet psychic will provide their services in exchange for donations to the Humane Society.

Many visitors to Ottawa Pet Expo will have their first exposure to DockDogs — a competition that involves dogs jumping off a dock and into an indoor pool. Increasingly popular

across North America, DockDogs involves a standardized 40-foot (12-metre) dock standing 24 inches (60 centimetres) above a pool of water. One at a time, dogs run and plunge off the dock — typically to chase a favourite toy thrown by their owners — while judges measure the distance of each jump. Saturday afternoon at Ottawa Pet Expo, Ontario DockDogs will run an additional charity event to raise funds for the dog-rescue organization, BAARK, and the Ottawa Humane Society. The event features Cub Carson of BOB FM competing against athletic dogs — should be quite a sight.

"If you're a pet lover, you and your pets can't miss the Ottawa Pet Expo," says Naylor.

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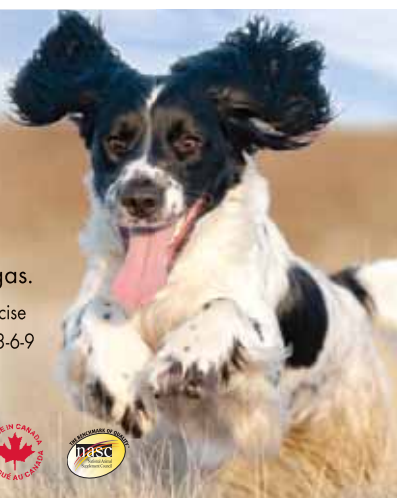
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- 3 Microchip Clinic
- 4 Water Station
- 5 Kids Zone
- 6 Photo Booth
- 7 DockDogs Registration
- 8 Pet Psychic

Floor plan and exhibitor list subject to change. Check ottawapetexpo.ca for updates

| name | booth | name | booth | name | booth |
|--------------------------|-------|-----------------------------|-------|----------------------------|-------|
| 1st Choice / Pronature | 220 | Golden Rescue | 222 | Puppy Mill Awareness | 307 |
| 3 Dog's Tail | 400 | Greyhound Supporters | 221 | QRPetTracker.com | 208 |
| Adopt-A-Greyhound | | Happy Hound | 415 | Responsible Dog Owners | |
| of Central Canada | 120 | Health Canada – | | of Canada | C20 |
| Agribrands Purina | | Pest Management | | Ridanco Industries Inc. | 224 |
| Canada Inc. | 210 | Regulatory Agency | 411 | Rideau Valley Wildlife | |
| Amazing Mat | | High on Health | 518 | Sanctuary | C18 |
| (Designs by Dori) | 303 | Hopeful Hearts Dog Rescue | 503 | Royal Canin | 425 |
| Amoré Pet Foods | 404 | Horizon Pet Food | 420 | SecretHaven Kennel | B18 |
| Anges de Lafadi | B22 | Iams & Eukanuba | 514 | Shorlynes Tonkinese | D13 |
| Benny Bully's | 510 | Invisible Fencing of | | Silver Paws Canada | |
| BiologicVET | 119 | Ottawa Valley | 200 | 204 | |
| Bodacious Bordeaux | D07 | Jewel 98.5 FM (Sun) | 501 | Sit Means Sit Dog Training | 318 |
| BoloBabies | B25 | Little RES Q | 108 | Spots-Light.com | 126 |
| Bouboulou | B24 | Loyal Rescue Inc. | 408 | St. John Ambulance – | |
| Canadian Chihuahua | | Luvrocks | 509 | Therapy Dog | 212 |
| Rescue & Transport | 121 | Melissa's Aloe-Pet | 511 | Studio Belle Bête | 324 |
| Canadian Dachshund | | Natural Pet Foods | 214 | Taste of the Wild | |
| Rescue | 124 | Neigenuveaux Perm Reg'd | B16 | Pet Food | 319 |
| Canadian Guide Dogs | | New Moon Rabbit Rescue | 513 | The Dog Tailor | 321 |
| for the Blind | 323 | North Shore Kennels | B21 | Therapeutic Paws | |
| CARE - Canine Adoption | | Ontario Spaniel Rescue | C16 | of Canada | C22 |
| & Rescue Education | 309 | Ottawa Canine School | 125 | Under My Wing | |
| Catahoula Rescue Ontario | 507 | Ottawa Humane Society | 515 | Pug Rescue | 144 |
| ChemDry by Edward | 424 | Ottawa Kennel Club | C24 | Valley Animal Rescue | 223 |
| Chilly Dogs | 320 | Ottawa Valley | | Valley Mastiff Rescue | 520 |
| Critter Jungle | 419 | Aquarium Society | 505 | Veterinarians | |
| dogBgood | 122 | Ottawa Valley Raw (Sat) | 501 | Without Borders | 311 |
| Dogs At Camp | 206 | Pegasus Kennels | B23 | W.A.G. Walk About Gear | 218 |
| Doo Bags | 422 | Pet Valu | 116 | WePosterPets.com | 219 |
| Dragonluck Kennels | 325 | Pets 4 Life | 305 | Westies in Need (WiN) | 406 |
| Elevage du Bouleau Blanc | B17 | Photos and Things | | | |
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Little Ray's Reptile Zoo

Interactive kid-friendly show
Saturday at 10:45 am and 2:45 pm
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Hosted by BOB FM's Sandy Sharkey
Saturday at 11:30 am and 12:30 pm

Treibball (dog herding) Demo*

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Sunday at 11:30 am

Public Pet and Owner

Look-a-Like Contest

Hosted by BOB FM's Sandy Sharkey
Saturday at 11:30 am

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First Aid for Your Dog

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Julia Moffat, Know Thy Dog
Saturday at 11:30 am

Quebec's Infamous Teacup Pigs!

Nathalie Duchesne, Mini-cochon
Saturday at 12:30 pm • Sunday at 12:30 pm

How to Properly Care for Exotic Pets

Little Ray's Reptile Zoo
Come see reptiles and exotic pets!
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Cats

Are They Right For You and Your Family?
Lynn Jette, Ottawa Valley Cat Club
Saturday at 3:00 pm

How to Enrich Their Lives (and Yours)
Dr. Glenys Hughes, Merivale Animal Hospital
Sunday at 3:30 pm

Parrots

Are You Ready for the World of Birds?
Judith Tennant, Parrot Partner
Saturday at 4:00 pm • Sunday at 10:30 am

Rabbits

How to Keep Your Bunny Happy and Hoppy
Regan Giggall, New Moon Rabbit Rescue
Saturday at 5:00 pm • Sunday at 11:30 am

ten not-to-be-missed attractions

Christmas shopping:

Get your shopping done early for your best friend (and your friends' best friends). Your pets will flip for the newest products and services on the market. Chat with your favourite retailers and meet others new to Ottawa.

DockDogs:

An indoor pool and dock, plus dozens of energetic, athletic dogs add up to one amazing spectacle that will have the whole family laughing out loud.

Little Ray's Reptiles:

A special exhibit called "Under the Canopy" features animals of the rain forest from small crocodilians and tarantulas to giant snakes and tortoises. Visitors will have opportunities to learn about, and interact with, a selection of exotic animals.

Bring your pets:

Yes, your pets are welcome to explore and experience new healthy foods, try on new outfits or learn new tricks. It's a pet party!

Teacup pigs:

Miniature pigs are among the cutest animals on the planet. Nathalie Duchesne of Mini-cochon will display some of her menagerie and share her knowledge about the breed.

Kid's zone:

Face painting, creative crafts, races, contests and fun games for the younger set, who get in for free.

Pictures of your pet:

Professional photoographer Brittany Veinot will snap a Christmas-card suitable shot of you and your furry friend in exchange for a small donation to the Ottawa Humane Society.

Microchip clinic:

Participate in the best pet-identification program ever invented — have a microchip with contact information permanently implanted under your pet's skin. Fee is \$50 for the first pet and \$25 for each additional pet at the same address.

Wendy the Pet Psychic:

Ever wonder what Fido or Mou-mou really thinks of you? A gifted psychic will commune with your pet in exchange for a donation to the Ottawa Humane Society.

Pet-rescue organizations:

The number of pet-rescue organizations continues to grow and many will participate in Ottawa Pet Expo. Several devote themselves to a single species, such as turtles, cats or rabbits, or single breeds, such as Dachshunds and Mastiffs. Learn how to adopt your family's new best friend!

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ON CONTENTIOUS COMMAS AND THE IMPORTANCE OF GRAMMAR



**SHE
SAYS...**
Jessica Napier
metronews.ca

I went to a party a few months ago with a number of friends including a fellow writer. In true nerdy, English-loving fashion, we spent half the night discussing our stance on a common gram-

matrical debate: the serial comma. She was for, I was against; it got quite ugly.

Those who are passionate about punctuation will understand the dispute regarding whether or not a comma needs to precede the final item in a list.

Language 101

When you can have an entire conversation using emoticon characters — those adorable picture icons — is there really a place for your grandfather's dusty copy of *The Elements of Style*?

ish are far more likely to use the serial comma than their North American counterparts.

Are you bored yet?

Grammar lessons are something we all vaguely recall from our grade-school days: chalkboards filled with dull rules about comma splicing and guidelines for capitalizing nouns. Many of these lessons have been forgotten in an age of auto-corrected predictive texting and Internet speak, TBTH.

When you can have an entire conversation using emoticon characters — those adorable picture icons — is there really a place for your grandfather's dusty copy of *The Elements of Style*?

There are still some folk who relish in grammatical nitpicking, but no one really likes those condescending know-it-alls who make a habit of correcting you when you use "who" instead of "whom" and roll their eyes at dangling modifiers.

But, while it might be dry, learning how to use the correct linguistic tools and conventions can also be a very empowering thing. Grammar gives you the power to say the things you want to say the way you intend to say them.

Totalling 448 pages, *The Canadian Press Stylebook* is a little impractical to carry around with you, but online sites like Grammar Girl are excellent resources for the grammatically challenged. Writer Mignon Fogarty offers brief tips, and answers questions about common grammatical mistakes or confusions such as the difference between affect and effect and when to use i.e. instead of e.g.

Grammar isn't sexy or exciting, but it can help transform passive sentences into active statements and give us more control over the way we communicate with one another.



Be not afraid of grade-school grammar-lesson flashbacks. ISTOCK

That's using one's head



ANITA MARIC/NEWMSTEAM

Human feat

No headache for extreme balancer

This chap needs to be level-headed to do this stunt.

British grandad John Evans balances

a 90-kilogram cement mixer on his head at a charity show near the English city of Derby.

Evans, 65, first discovered his talent in the 1960s when, as a labourer, he would stack 24 bricks on a floorboard and balance it on his head as he climbed up and down ladders. **METRO**

Q & A

'Strongest neck in the world'

The Guinness World Record holder from the town of Ilkeston, England, spoke to Metro.

How did you balance this hefty-looking thing?

First, a forklift hoists the mixer above my head. Then the lift lowers and places it on top of my head and I start walking backwards about three metres away from the forklift, while holding the plywood on top. Slowly I let go and balance it for a minimum of 10 seconds, before returning to the lift.

Have you had an accident before?

Never. Since I started this over 20 years ago, I have built up the bones and muscles in my neck. I have the strongest neck in the world — I don't think anyone else can do these extreme balancing acts.

The most difficult was balancing a Mini Cooper car, because if it were to fall I wouldn't have time to jump out of the way — the car would crush me!

So no health scares?

Well, my neck has shrunk a bit! I weigh over 130 kilograms myself, (am) diabetic and have one eye, so it's quite remarkable that I can do this sort of thing.

Balancing act

He must be headstrong

Twenty years after his first balancing act as a labourer, he started putting heavy objects on his head for entertainment. Now, he has 33 Guinness World Records, has travelled the world showing off his talent, and has appeared on *The Tonight Show* with Jay Leno.

"No one else in the world can do what I do," he said while holding a homemade Tardis (phone booth) on his head during his most recent stunt. **METRO**



Twitter

@afurellz:

This storm better hit Ottawa I really don't wanna do my exams and papers this week

Third time 1800 numbers have called thinking im michael from ottawa foot orthotics... #really?

@turnipseeds:

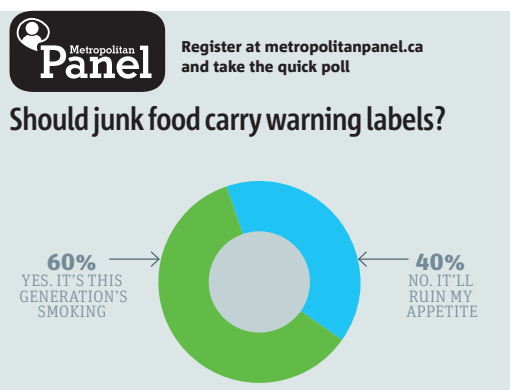
Pick up crap from the garage floor so the car can park inside = our only #sandy prep so far in #Ottawa. May bake emergency #cookies later

@monkeyheaven:

They drained the Rideau Canal today. Bodycount anyone?

@SavanaDamecour:

Dear City of #Ottawa, I will miss knowing what DAY is GARBAGE DAY thanks to the new schedule...



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A woman carries bags back to her car after visiting a storm-proofed grocery store — which boarded its windows but stayed open — on Monday in Sayville, N.Y., ahead of Hurricane Sandy. The superstorm, later downgraded to a post-tropical storm, assaulted the U.S. East Coast on Monday, forcing the shutdown of mass transit, schools and financial markets, sending coastal residents fleeing, and threatening a dangerous mix of high winds and soaking rain. JASON DECROW/THE ASSOCIATED PRESS

Sandy's economic forecast: Plenty of short-term pain

Weathering the storm.

Despite current havoc, superstorm's effect on overall growth will be offset by reconstruction

Airlines cancelled thousands of flights and stranded travellers. Insurers braced for damages of up to \$5 billion US. Retailers expected shrunken sales.

Hurricane Sandy has caused disruptions for companies, travellers and consumers. But for the overall economy, damage from the storm will likely be limited. And any economic growth lost to the storm in the short run will likely be restored once reconstruction begins, analysts say.

Preliminary estimates are that damage will range between \$10 billion US and \$20 billion US. That could top last year's Hurricane Irene, which

Financial markets

Storm surges into earnings season

A number of major U.S. companies postponed quarterly earnings reports scheduled for Monday and Tuesday, as Hurricane Sandy barreled into the East Coast and caused the first unplanned shutdown of financial mar-

kets since Sept. 11, 2001.

The New York Stock Exchange, Nasdaq and CME Group in Chicago closed Monday. The last time the NYSE closed for a weather event was in 1985, when Hurricane Gloria hit the East Coast.

Stock trading will be closed in the U.S. for a second day Tuesday as the hurricane moves inland.

THE ASSOCIATED PRESS

cost \$15.8 billion US.

If so, Hurricane Sandy would be among the 10 most costly hurricanes in U.S. history. But it would still be far below the worst — Hurricane Katrina, which cost \$108 billion US and caused 1,200 deaths in 2005.

"Assuming the storm simply disrupts things for a few days and it doesn't do signifi-

cant damage to infrastructure, then I don't think it will have a significant national impact," Mark Zandi, chief economist at Moody's Analytics, said Monday.

The economic impact could be more severe if the storm damages a port or a major manufacturing facility such as an oil refinery, Zandi noted.

THE ASSOCIATED PRESS

Market Minute



DOLLAR
99.92¢ (-0.28¢)



TSX
12,312.75 (+12.45)



OIL
\$85.54 US (-\$0.74)



GOLD
\$1,708.70 US (-\$3.20)

Natural gas: \$3.471 US (+7.1¢)
Dow Jones: Closed due to storm

Coffee wars. McDonald's wants piece of daily grind

McDonald's will launch take-home ground coffee on Nov. 5, a product that will be exclusively available in Canada.

Each bag is priced at \$6.99 for 340 grams, in a shot aimed at the chain's biggest competitors, Tim Hortons and Starbucks. "They're very successful companies and they've got great connections with consumers," said John Betts, president and chief executive of McDonald's Canada. "We had to do something dramatic." THE CANADIAN PRESS



McDonald's will start selling bags of ground coffee at its restaurants in Canada on Nov. 5. MCDONALD'S



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Thank you for all the attention right now.
When my sister got sick, a lot changed,
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Because I need to be there for her, I can't work anymore.
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but you always know the perfect moment to call
and your persistence has given me strength.
Oh by the way, I've called BDO."



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DVD review



Alfred Hitchcock: The Masterpiece Collection

Director. Alfred Hitchcock

•••••

Trying to figure out the logic behind any Alfred Hitchcock DVD boxed set can be as suspenseful as one of the master shocker's films. Alfred Hitchcock: The Masterpiece Collection isn't all that different from the similarly titled set released in 2005, except for two important things. It's now in the high-definition Blu-ray format, and it includes North by Northwest, curiously missing from the first release. These two things make this a masterpiece collection worthy of the name, even if we might lament the continuing MIA status of Notorious, Strangers on a Train and Dial M for Murder. This one does a solid job of canvassing a six-decade career that began with silence in the 1920s and continued through "the talkies" and technicolour, up to the studio system's demise in the 1970s. Three films are from the 1940s (Saboteur, Shadow of a Doubt, Rope), five from the '50s (Rear Window, The Trouble With Harry, The Man Who Knew Too Much, Vertigo, North by Northwest), five from the '60s (Psycho, The Birds, Marnie, Torn Curtain, Topaz) and two are from the '70s (Frenzy, Family Plot). Most of the man's best work is here, including Vertigo, recently voted the greatest film of all time by Sight & Sound's poll of critics.

PETER HOWELL



Jim Breuer is just one of the comedians taking part in the Just For Laughs Relationship tour. GETTY IMAGES

Breuer hits the road

Just For Laughs tour.

Relationships tour has former SNL funnyman join up with a handful of other comedians for shows across Canada

MARK
BRESLIN

scene@metronews.ca

Saturday Night Live alum Jim Breuer is among the comedians touring the country this month as part of Just For Laughs' relationship-based comedy tour. The tour, which runs through Nov. 25, also features John Heffron, Debra DiGiovanni, Tom Papa and Godfrey. Metro recently had the opportunity to chat with Breuer about marriage, rock 'n' roll and who is the biggest partier on the tour.

I'm looking at your official 8-x-10 and I can see that you're sporting some serious

man cleavage. Now, is this the image of a family man with a wife and three daughters? You have a sexy, come hither kind of look in your eyes.

Yes, I kind of look a little buff — the "I think I'm still kind of cool and I want chicks to think I'm cool and hot" look. I don't think comics ever let that go. I think this was a year ago, a year and a half ago this picture was taken. I was in the best shape of my life and I think we were using the 8-x-10 for some TV or film we were trying to get.

What does your wife think of that picture? Does she approve?

My wife thinks that's a good picture. But I do have to take a new one where I'm in a suit. The other one that people used was this green corny shirt and I looked soft, I can't stand that picture. But with this one I wanted something a little more edgy, just a little "not sure what you're going to get from this guy"

Speaking of "edgy," how hard is it to reconcile your heavy metal comedy tour with your current relationship material?

Well, I usually open up with 10 minutes of being a heavy metal dad. And going to see concerts at my age, which is absolutely impossible. Now, what you just touched upon is that I did some heavy metal comedy last year as part of the Metallica thing in Germany — a couple of dates in the north east, and it confused audiences. Young people came and flipped out and lost it! Some people thought they were coming to see Jim Breuer just doing standup. So they were decked out for the night and wondering why they were there to see a rock concert. It made me realize I have to completely separate the two.

Sounds like you miss the rock n' roll stuff.

As soon as I'm done with the Canadian tour, I'm going to work for a New York show which is just a hard rock

Get your laughs...

To find out when the tour starts dishing out relationship advice in your city, visit hahaha.com/comedytour

comedy show and we'll be on tour in 2013. We're in rock clubs and people clearly know you're not coming to sit down to watch a theatrical standup show.

You're touring on a relationship themed show with Deb DiGiovanni, Godfrey, and John Heffron. Which one of you is the wild one on the tour?

I'm married with three kids so that stuff is behind me. But I've gotta say it's Godfrey. That man is wild!

You were on SNL for four years in the late '90s. Who were your favourite co-stars on the cast?

I loved working with everyone, but if I had to pick one, I'd have to say Norm MacDonald.

Don't waste your money.

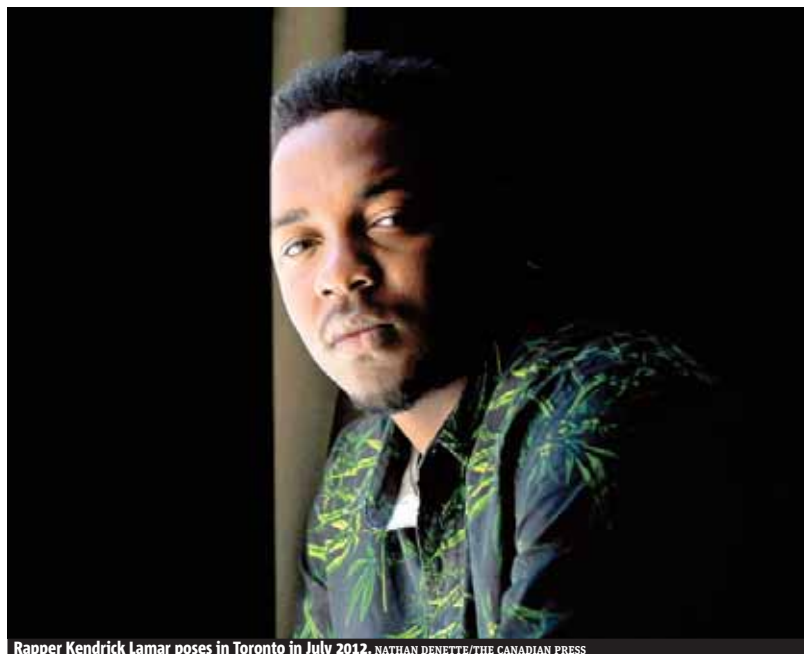
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Rapper Kendrick Lamar poses in Toronto in July 2012. NATHAN DENETTE/THE CANADIAN PRESS

Kendrick Lamar: Dr. Dre drawn to my fresh approach to gangsta rap

Compton. Lamar reflects on his upbringing in good kid, m.A.A.d city, his major label debut.

Kendrick Lamar has been heralded as the rebirth of West Coast hip hop, an acclaimed young lyricist who's trying to learn from his rough upbringing in Compton, Calif., and maintain his artistic integrity and life balance as his fame soars.

Such qualities are what compelled one of his idols, Dr. Dre of N.W.A. and Death Row Records fame, to sign Lamar to his Aftermath Entertainment and back his newly released major label debut, good kid, m.A.A.d city.

Dre executive produced the disc in Los Angeles and appears on several tracks, including the first single, The Recipe. Other artists on the album include Jay Rock, MC Eiht, and Toronto's Drake, who recruited Lamar for his Club Paradise Tour earlier this year.

Lamar says Dre wanted to work with him after hearing his track Ignorance Is Bliss from his 2010 mixtape Overly Dedicated, "because it came from a different approach that he'd never seen in gangsta rap."

Quoted

"Every time you hear gangsta rap, everybody's the aggressor, there's really no vulnerability, and I bring that other side of the story because I've been on both ends."

Kendrick Lamar

"(The song) gave him both sides of the story in Compton, the victim and the aggressor, and that's something he'd never seen," a soft-spoken Lamar said during a recent stop in Toronto.

Through heady bass beats and savvy, crisp rhymes, the much raved about good kid, m.A.A.d city reflects on those dualities of Lamar's life and career. Listeners learn of Lamar's risky relationships, his exposure to drugs and gangs in Compton, the changes happening in L.A. County, and how he and others in his life are coming to terms with his fame.

Lamar, 25, grew up in a low-income household surrounded by the violence of L.A.'s gangs and gangsta rap culture. At times, he was exposed to alcoholism, which he

writes about on the album's Swimming Pools (Drank).

"(It's) a personal song at the same time good memories of house parties that I'd been to when I was a kid and some things I'd seen in my household, period: a lot of drinking, a lot of smoking," he said.

"I just wanted to reflect on that, not in a bad way but just as a person ... remembering what household I come from and how it had an impact on my life when I became an adult."

Lamar said his dad "was a street cat but at the same time he was a proud father. I was lucky to have one of them in my life."

"What separated me from my homeboys, it was two things: The fact that I had a father, of course, to always let me know when I bump my head, this is going to happen, and the fact that I was a dreamer," noted Lamar.

"Nobody could believe that it was possible to get out of the area that we lived in, because they'd seen so many older generations still be there and be stuck and doing the same thing they doing."

"I always had that imagination, like it was something bigger than just Compton and just where we were at, and that separated me."

THE CANADIAN PRESS

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Joe Simpson ALL PHOTOS GETTY IMAGES

Gossip on the green: Joe playing with someone his own age?

The reports dogging Joe Simpson that he's recently come out of the closet to his family and has been carrying on an affair with a 21-year-old man appear to be effecting his golf game. According to Radar Online, Simpson didn't play with his usual partner at his weekly outing. "Everyone noticed that after reports surfaced that Joe was gay, he didn't play with his regular young, good-looking friend this past Saturday, but played with someone much, much older," a source tells the website. "Joe has always played golf at his swanky club MountainGate on Saturdays at 12:30 p.m. with a much younger, 20-something male, who isn't a member. Joe's

Fairway friends

Everyone noticed ... he didn't play with his regular young, good-looking friend this past Saturday, but played with someone much, much older.

A source speaking to Radar Online

golfing buddy is extremely good looking and Joe is very, very secretive about his identity. Joe never writes the guest's name on the sign-in sheet and never allows any other members to join in while they play golf, which is very, very odd."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Kunis ain't carrying Kutcher's bundle of joy, but maybe soon?

Mila Kunis' rep insists that the actress is not pregnant with boyfriend Ashton Kutcher's child despite photos from a recent out-

ing that appear to show the actress sporting a growing baby bump, according to the Daily Mail. "She is not expecting," her rep tells the newspaper. But that doesn't mean motherhood is out of the question for the Friends with Benefits star, who expressed her desire to be a parent earlier this year in an interview with Glamour. "I do want a family. I'd rather be in love and have a baby than a movie," she said.



Justin Bieber

Biebs likes his body art: More tats for popstar teen

Justin Bieber has added yet another tattoo to his growing collection of body art. The pop star posted a photo to Instagram over the weekend showing off an owl inked on his forearm. It's the

second tattoo the singer has added in less than two months, following a crown tattooed on his chest last month. The 18-year-old got his first tattoo — a bird silhouette on his hip — when he was 16.

Twitter



@EllenBarkin

Just a random question...do you think anyone has fallen in love over twitter? I mean aside from me, several times.



@JonahHill

I think I'm gonna be "Slutty Mitt Romney" for Halloween.



@kirstiealley

Note to women over 50 who are losing weight... don't get too damn skinny or you'll look like a spider monkey.. pleasantly lean is better...



@ConanOBrien

The best perk of being a celebrity? I'm allowed to use 141 characters in my tweets. No, I don't feel like proving it.

Don't waste your money.

Here are some items that show

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| Juice Apple 200ML 10 PK | \$1.97 |
| Del Vhl Carl | 6000047200 \$0.77 |
| Primo Sse | 5590000962 \$0.77 |
| Flaked Ham | 6310023150 \$1.00 |
| Real Mayo | 6840066260 \$4.49 |
| Or P/Com | 9880748851 \$2.99 |
| Fleecy Sheets BOEA | \$4.69 H |
| Maxx Multi Cat 7KG | \$7.69 H |
| SUBTOTAL | \$57.59 |
| TOTAL TAX | \$1.77 |
| TOTAL | \$59.36 |
| TENDER | \$38.56 |
| CHANGE | \$20.80 |
| NUMBER OF ITEMS | 12 |

09/20/12
10:09:59

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| | | |
|--------------|--------------|----------------|
| FR STRAMB | 00596007017 | \$1.97 J |
| PLAIN YOG 6 | 006820075015 | \$2.97 D |
| CHEEZ WHIZ | 006810001022 | \$5.17 D |
| CH PRE FRVAN | 00594200022 | \$5.87 D |
| MIN MAID AJ | 00596001006 | \$2.47 D |
| DR CARROTS | 00600047200 | \$1.37 D |
| PELINO SAUCE | 00590000682 | \$1.47 D |
| FLES HAM | 006310023150 | \$2.17 D |
| MAYO | 00684006260 | \$5.17 D |
| DRY BUTTER | 005880748851 | \$3.47 D |
| FABRIC SOFT | 00580000366 | \$4.97 J |
| CAT LITTER | 007023011686 | \$7.58 J |
| SUBTOTAL | | \$45.05 |
| HST 13% | | \$1.94 |
| TOTAL | | \$46.99 |
| TENDER | | \$46.99 |
| CHANGE | | \$0.00 |
| # ITEMS SOLD | | 12 |

09/20/12
09:08:51

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These receipts show identical items that were purchased at each respective store. The items we've selected include commonly purchased products. The specific store locations, dates, and times at which the purchases were made are shown on each receipt.

Keeping your little ghosts and goblins safe this Halloween

Trick-or-treat. New apps allow you to keep tabs on your kids without looking over their shoulder as they gather goodies

DOROTHY ROBINSON
Metro World News

You'd never let your child go to a stranger's house unattended any other time of year, so why should Halloween be any different?

Nancy A. McBride, the national safety director for the Center for Missing & Exploited Children in the U.S., says children should be accompanied by a parent or trusted adult and walked to the door by the parent to receive treats.

"Know the neighbourhood in which you plan to trick-or-treat. Pick houses that you feel comfortable letting your child visit. Do not visit homes that are isolated or poorly lit," she says.

Make sure your child is able to see and move easily in his or her costume.

"Consider having your child carry a flashlight so that they can see more easily and are easily seen," she notes.

And even if your child is old enough to go out without your supervision, always make sure he or she is in a group.

If you're still nervous, there are several tracking apps that can provide an extra layer of security to keep track of your children via cellphone without being intrusive.

The Snap Secure Geofence for Android sets a virtual boundary.

"If they stray from that



Pick houses your kids feel safe going to trick-or-treat. ISTOCK PHOTOS

Stay safe

Not only do you have to get your kid a costume, but you also have to make sure it won't hurt them. Here is some advice from the ACEP, a national medical specialty society in the U.S. representing emergency medicine. The society wants to make sure your kid stays out of the emergency room this Halloween.

- **Costumes.** Avoid costumes that could cause children to trip, such as baggy pants, long hems, high heels and oversized shoes. Also, make sure they don't obstruct the child's sight or vision and they are made out of flame-resistant materials, such as nylon or polyester.
- **Visible.** Add reflective tape to costumes so your child is more visible to motor vehicles, and avoid dark colours. Check accessories such as swords, knives, wands and other pointed objects. Make sure they are made from flexible materials and have dulled edges on all sides.

perimeter, or don't return to a specified location within a

certain period of time, it automatically sends you an email

alert," says Jiren Parikh, CEO of Snap MyLife, the develop-

er of the app.

Their other app is the Snap Secure Family Locator.

"(It) lets you check in on their exact location at any time, in real-time, by using your own mobile device or web dashboard," he notes.

Finally, keep in mind there are different ways to celebrate the holiday that don't involve going to strangers' houses.

"I'm a big fan of organizing a home or community party as an alternative to trick-or-treating," says McBride.

3 LIFE

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THIS WEEK: So What IS Periodontal Disease?



Tender chicken mingles with rice noodles & sesame sauce



ROSE REISMAN
for more, visit
rosereisman.com

This stir-fry is outstanding with rice noodles, but it's also good over rice, couscous or linguini.

Chicken thighs are more tender and flavourful than the breast, but you can use either. Dipping the chicken in the soy and cornstarch mixture keeps it very moist.

1. For the chicken, place the diced chicken, soy sauce and cornstarch in a bowl; stir until well combined. Add oil to a non-stick wok and place over medium heat. Sauté the chicken for 4 minutes, until almost cooked. Remove from the pan and set aside. Wipe out the pan.

2. For the sauce, combine the stock, vinegar, soy sauce, sugar, molasses, cornstarch, sesame oil and chili paste in a small bowl; stir until well combined.

3. Cook the noodles in boiling water for 2 minutes or just until tender. Drain and set aside.

Ingredients

Chicken

- 1 lb boneless, skinless chicken thighs, diced
- 1 tbsp low-sodium soy sauce
- 1 tbsp cornstarch
- 2 tsp vegetable oil

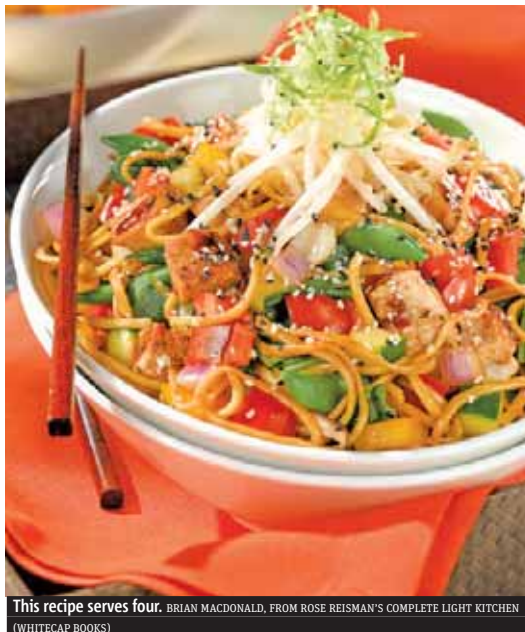
Sauce

- 1/2 cup chicken stock
- 2 tbsp rice vinegar
- 3 tbsp low-sodium soy sauce
- 2 tbsp brown sugar
- 2 tbsp molasses
- 1 tbsp cornstarch
- 2 tsp sesame oil
- 1 tsp hot chili paste

Base

- 6 oz medium rice noodles
- 1 1/2 cups thinly sliced red bell pepper
- 1 1/2 cups thinly sliced snow or sugar snap peas
- 1/3 cup chopped cilantro
- 2 tsp sesame seeds, toasted
- fresh bean sprouts

4. Respray the wok with cooking oil and place over medium heat. When hot, add the bell peppers and peas. Sauté for 2 minutes, then stir in the sauce and chicken. Cook, stirring, for about 1 minute, until the sauce



This recipe serves four. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

has thickened. Add the rice noodles and heat thoroughly, about 2 minutes. Serve on a large platter garnished with

cilantro or parsley and sesame seeds. Scatter bean sprouts over top. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)**

Health Solutions

Protein punch



NUTRI-BITES
Theresa Albert
DHN, RNCP
myfriendinfood.com

Are you getting enough protein? On average, adult women need about 46 grams and men need about 56 grams. (This average changes with your age, gender, size and activity level or nursing and pregnancy status.)

More isn't always better since your body can only make use of the exact amount it needs, and any extra can put a strain on your kidneys.

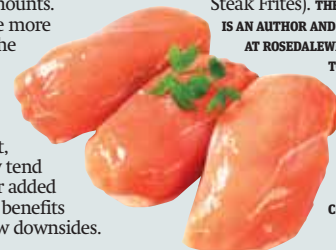
North Americans tend to get enough, so the burning question is: Do we get enough of the right source?

Here are protein sources and amounts. Choose more from the leaner end at the top of this list, as they tend to offer added health benefits and few downsides.

- 5 oz/30 g fish (mostly good fats)
- 1/2 cup/7 g beans (great for fibre)
- 1/2 cup/8.5 g edamame (soy beans)
- 2 tbsp/4 g almond butter (good fats and fibre)
- 3 oz/6 g extra firm tofu
- 2 oz/14 g cheddar cheese (but it contains 220 calories and 18 g fat)
- 5 oz/40-60 g of meat, chicken or pork (watch for saturated fat and cholesterol)

Most experts agree that it is better to vary the source and spread the yummy throughout the day rather than obtaining a big meaty wallop all in one go. (Sorry, Steak Frites). **THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST AT ROSEDALEWELLNESS.COM IN**

TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MY-FRIENDINFOOD.COM



Chicken fajitas. Have guests assemble their own

1. In a large frying pan, heat 10 ml (2 tsp) of the oil over medium-high heat; cook onion, peppers and corn, stirring occasionally, for 3 minutes or until almost tender. Stir in garlic, salt and pepper; cook for 1 minute longer. Stir in vinegar. Transfer to a large serving bowl; cover to keep warm.

2. Wipe frying pan clean with

paper towel. Heat remaining 5 ml (1 tsp) oil over medium heat; add chicken strips and cook for 1 minute, stirring, until hot. Sprinkle with lime juice. Transfer to a small serving bowl.

3. Place cheese in a bowl. Arrange tortillas on a platter. Let family members make their own fajitas. **THE CANADIAN PRESS/PRESIDENT'S CHOICE**

Ingredients

- 15 ml (1 tbsp) vegetable oil
- 1 each small onions, sweet red and yellow pepper, sliced
- 1 ear corn, husked, kernels removed, or 125 ml (1/2 cup) canned kernel corn
- 1 clove garlic, minced
- 1 ml (1/4 tsp) each salt

- and ground black pepper
- 15 ml (1 tbsp) red wine vinegar
- 500 g (1 lb) chicken strips
- 15 ml (1 tbsp) fresh lime juice
- 340 g (3/4 lb) Tex-Mex shredded cheese
- 1 pkg (390 g) tortillas



Don't waste your money.

Here are some items that show

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These receipts show identical items that were purchased at each respective store. The items we've selected include commonly purchased products. The specific store locations, dates, and times at which the purchases were made are shown on each receipt.

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Served by: AMBER

| | |
|----------------------------|----------------|
| Fruitops S/B Passion | \$1.47 H |
| Yogurt Balkan 750G | \$1.97 |
| Cheez Whiz 500G 6810001022 | \$4.99 |
| Ice Cream Fr/Van 2L | \$4.99 |
| Juice Apt 200ML 10 PK | \$1.97 |
| Del Vhl Cart 600047200 | \$0.77 |
| Primo Sce 5590000662 | \$0.77 |
| Flakesoff Ham 6310023150 | \$1.00 |
| Real Mayo 6840066260 | \$4.49 |
| Or P/Com 5880748851 | \$2.99 |
| Fleety Sheets 80EA | \$4.69 H |
| Maxx Multi Cat 7KG | \$749 H |
| SUBTOTAL | \$37.59 |
| TOTAL TAX | \$1.77 |
| TOTAL | \$39.36 |
| TENDER | \$39.36 |
| CHANGE | \$0.00 |
| NUMBER OF ITEMS | 12 |

09/20/12
10:09:59

WAL-MART

SUPERCENTER
STORE #1118
KANATA, ONTARIO

| | | |
|--------------|--------------|----------------|
| FR STRAWB | 005960007017 | \$1.97 J |
| PLAIN YOG 6 | 006820075015 | \$2.97 D |
| CHEEZ WHIZ | 006810001022 | \$5.17 D |
| CH PRE FRVAN | 006294200022 | \$5.87 D |
| MIN MAID AJ | 005960001006 | \$2.47 D |
| DM CARROTS | 006000047200 | \$1.47 D |
| PRIMO SAUCE | 005590000662 | \$1.37 D |
| FLKS HAM | 006310023150 | \$2.17 D |
| MAYO | 006840066260 | \$5.17 D |
| DRY BUTTER | 005880748851 | \$3.47 D |
| FABRIC SOFT | 005880000366 | \$4.97 J |
| CAT LITTER | 007023011686 | \$7.98 J |
| SUBTOTAL | | \$45.05 |
| HST 13% | | \$1.94 |
| TOTAL | | \$46.99 |
| TENDER | | \$46.99 |
| CHANGE | | \$0.00 |

ITEMS SOLD 12



09/20/12 09:08:51

FRESH CO.

Fresher. Cheaper.

Ticking time bomb

How late is too late for dinner?

Charles, when a house guest (who has had the same amount of time as all the other ladies and her own private bathroom) just takes endless time to dress and come downstairs for dinner (9:15 p.m. for an 8 p.m. dinner), just how long is dinner to be held up? Her husband and other guests were fuming and I am wondering if I should have just “rung dat bell” and

announced dinner. How long should one guest be allowed to hold up the rest of the guests?



CHARLES THE BUTLER
askcharlethebutler@metronews.ca
For more, visit charlesmacpherson.com

It is rude for any guest to hold up an evening and there is a difference between being fashionably late and just plain rude. In this case the guest was rude. As the host, I would have personally gone upstairs or sent her husband and said that

I was unable to hold dinner past 8:30 p.m., and if she was unable to join us downstairs, then we would miss her, but look forward to her joining us when she was able. There is no excuse that I can see to hold up the remaining guests who were all on time. Once the late guest joined the dinner party, I would have then served her main course, but forgone the appetizer to speed things up.

On a lighter note I'm proud to announce that The Charles MacPherson Academy was awarded the prestigious Educator of the Year Award!



Other guests left waiting to eat are likely to be livid. ISTOCK

Sweet Movember – A charity booster and the reason I met my husband

More than just silly lip hair. Moustache month raises millions worldwide for men's health, but it also introduced me to the love of my life

KRISTEN THOMPSON
kristen.thompson@metronews.ca

This time every year, I cringe as my husband waffles between growing friendly mutt-on-chops or a pushbroom for Movember.

But I have to remind myself that growing a prickly 'stache is saving and changing lives. And in my case, bringing people together.

In 2007, I hadn't even heard of the Movember campaign — which raises money and awareness for men's health — and I was tasked with writing a story about this quirky fundraiser's first official year in Canada.



Kristen Thompson and husband Dylan showing off their 'staches on their wedding day. JENNIFER MOHER PHOTOGRAPHY

A colleague happened to have a friend taking part in Movember, so he passed along his name and contact and I called him up.

That brief interview sparked a friendship that turned into a romance that, four years and four Movembers later, led us down

the aisle.

We didn't forget the importance of Movember at our wedding this year, writing a “how we met” story in our wedding program that begins: “It all started with a hairy upper lip.”

Wedding guests were also given moustaches on sticks for photo hilarity.

Quote

“It all started with a hairy upper lip.”

Since we met, Movember has grown into an international movement that's had nearly

two million participants in dozens of countries around the world.

Last year alone, Mo Bros and Mo Sistas raised \$125.7 million for the cause, and helped bring greater awareness to male participants about the health risks they face.

I admit it, I could do with-

The facts

Movember started in Melbourne, Australia in 2003 with 30 participants.

North American launch.

The campaign officially got going in Canada, the U.S. and the U.K. in 2007.

What it has become.

In 2011, more than 854,000 people in 14 countries took part in the campaign, where it officially obtained charity status in Canada. Last year alone it raised \$125 million and helped bring awareness about men's health risks

out a month of bristly kisses. I prefer seeing the Tom Selleck ON Tom Selleck. But really, it's worth it when I think about the fact that I only have to live through a month with his moustache, but get a lifetime with Dylan.

Time for parents of gay kids to come around

New Book. Coming Around offers advice to parents struggling to come to terms with the fact their child is LGBTQ

JULIA FURLAN
Metro World News in Philadelphia

Fighting for the rights of LGBTQ has included kiss-ins, parades, protests, marches and a wide array of fiery and bitter polemics from all

sides of the political spectrum. But the public battles often begin with a quieter challenge — the first time an LGBTQ person comes out to his or her parents.

Coming Around: Parenting Lesbian, Gay, Bisexual and Transgender Kids, a new book by Dr. Anne Dohrenwend, seeks to make that first conversation — and the subsequent ones — as relaxed and positive as possible.

“I want to give people a place to start,” Dohrenwend says of her book, which is written for liberal and conservative parents alike.

Quoted

“Kids are more resilient when they feel their parents accept them.”

Dr. Anne Dohrenwend
On why parents should take their child as they are after they come out.

“Often people do come around. After accepting and learning and loving your child who is gay, it breaks down the stereotypes.”

For Steve Scott, there was a long pause at the other end of the line 11 years ago when he called to tell his re-

ligious parents that he was gay. Now, Scott is a member of the Gay Men's Chorus of Los Angeles and an active participant in the push for gay rights in California.

For Scott, the conversation that began with telling his parents he was gay continues with the fight for marriage equality.

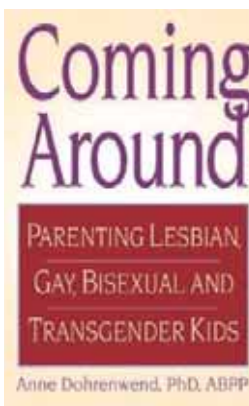
Last week, Scott sent off a package with books and pamphlets for his father in Nebraska after the two engaged in a heated debate.

“It's kind of an ongoing conversation. Even now we're still discussing issues,” Scott says.

“I realize and understand it's very tough for him. It's something he's actively trying to comprehend and register.”

According to Dohrenwend, Scott and his father are doing the most important thing — communicating. This is vital between parents and their LGBTQ child of any age, at all stages of the coming-out process.

“Kids are more resilient when they feel their parents accept them,” says Dohrenwend, who notes that this acceptance is particularly important when they come out earlier in life.



Don't let your teen get caught in a stock market downdraft

Alison on Money. It's RESP reorganization time



YOUR MONEY
Alison Griffiths
money@metronews.ca

If you have a teen with an RESP and a post-secondary goal, the last thing you want is for tuition time to arrive just as the college account sinks by 30 or 40 per cent.

That's exactly what happened to many parents in 2008 and 2009 when the financial crisis hit and equity-heavy RESPs were slammed.

With tremendous uncertainty in world markets and many RESP portfolios performing poorly, there's never been a better time to re-organize those post-secondary savings.

The basic rule is this: Once a child reaches 13, all new RESP contributions should be put into cash investments — basically high interest savings or short-term GICs. Forget money market mutual funds as fees eat up any return.

Next, start selling 10 to 20 per cent of existing stock market investments — usually equity mutual funds or

In numbers

7

In the past 25 years there have been seven significant stock market declines and many smaller ones.

exchange-traded funds (ETFs). Do this annually or, if your trading fees are low — \$6.95 to \$9.95 — you can sell investments three or four times a year to reach that 10 to 20 per cent.

If the RESP is at a discount brokerage, there may be no trading fee to sell units of the bank's own mutual funds, but there may be for funds offered by other providers. Also, if you have been convinced to buy mutual funds with deferred sales charges (DSC), then there may be sales commissions to pay on units sold within six years of purchase.

Heads up for parents of younger children! Don't buy mutual funds with DSC fees attached. There are plenty of no-load funds out there that won't cost you anything to sell beyond, possibly, a trading fee.

If you follow my plan, by the time your teen is ready to head off to post-secondary studies, most of the investments will be in cash. Yes, you might miss out on a big stock



With many RESP portfolios performing poorly, now is a good time to re-organize post-secondary savings. ISTOCK IMAGES

market run-up. However, it is far better to forfeit some gains than to be forced to rely on a line of credit to pay tuition because the RESP portfolio, still

loaded up with equities, is in the tank.

Contact Alison at griffiths.alison@gmail.com or oralisongriffiths.ca

What happened to your nest-egg goal?



FUN AND FRUGAL
Lesley Scorgie
money@metronews.ca

Are you looking back at your 2012 financial goals with a guilt-ridden pain in your stomach? Don't fret. If you want to end 2012 with a plan to really kick-start your net worth growth, read on.

To grow your bottom line, you must reduce debt and build assets.

Step 1

Know where you stand financially so that you can create a plan to grow your bottom line. When you get home tonight, download your favourite net worth tracking tool to determine what you own and owe. All major banks have free online calculators, but if you want to build your own, simply total up your assets and subtract your liabilities.

If you get lost, go through your stack of mail and pull out all your financial statements.

Step 2

This week, set a realistic net worth goal for the remainder of 2012, 2013 and 2014.

For example, if your current bottom line is negative \$1,000, grow it to \$500 by year-end, and aim to have \$10,000 by 2014.

Step 3

If you don't start tracking your money, you'll lose it, so develop a budget this week.

According to author Dr.

Thomas Stanley, the majority of self-made multi-millionaires keep meticulous budgets, even though they're rolling in dough. A terrific budgeting website is Mint.com, though you can download other free budgeting tools from any major bank.

Step 4

Next week, review your budget and look for ways to cut back unnecessary expenses. Think about your food and shopping habits and pay attention to the small expenses as they can add up to be quite substantial.

Step 5

Going forward. Before you spend your money on payday, prioritize saving and debt reduction through automatic payments. Sign up for your company's retirement savings plan.

Employers will often contribute free money. If your company doesn't have one, or even if they do and you want to save outside of their plan, sign up for an RRSP and TFSA.

Aim to tuck away 10 to 15 per cent of your salary. If that's too steep, start with less and grow your contributions every six months.

Crush your debt quickly by negotiating the lowest rates with your lenders. Then pay a little extra each month. Even \$5 can make a difference.

Step 6

Before Dec. 31, 2012, meet with a qualified financial advisor and develop a plan to achieve your goals.

While building your bottom line, don't put yourself on a financial starvation diet.

You still need to enjoy life and all of its experiences, which often cost money. Take a balanced approach.



RBC Royal Bank

Trim debt. Increase smiles.

If you have extra money to put against existing debt, which should you pay off first?

Tip: Prioritizing debt is the secret to trimming down debt.

- | | | |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
|  |  |  |
| 1) \$5,000 at 10% interest | 2) \$15,000 at 4% interest | 3) \$10,000 at 6% interest |

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using your
mobile device
to learn more.

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Lockout

Winter Classic to be chopped by Friday: Source

The Winter Classic is next on the chopping block.

Barring unexpected progress in the NHL's labour talks this week, the league's signature Jan. 1 event will follow the 326 regular-season games already wiped from the schedule. The formal cancellation is expected to be made by Friday, according to a source, just ahead of a deadline built into the NHL's contract with the University of Michigan.

The deal struck with the school for the rental of Michigan Stadium last February included a "work stoppage cancellation" clause that allows the NHL to call off the game as late as Friday for a penalty of \$100,000 — an amount it has already paid as a deposit.

This year's Winter Classic between the Toronto Maple Leafs and Detroit Red Wings was billed as the biggest in the event's six-year history.

THE CANADIAN PRESS

Golf

McIlroy gets best of Woods in match in China

Rory McIlroy outduelled Tiger Woods in the first one-on-one exhibition match between golf's two biggest names.

McIlroy shot a 5-under 67 to beat Woods by one stroke in an 18-hole match between the two top-ranked golfers at the Jinsha Lake Golf Club in central China on Monday.

THE ASSOCIATED PRESS

Tigers lick wounds after World Series

MLB. Cabrera says club has 'got to feel proud' after being swept

Built to win a World Series this year, the Detroit Tigers came close.

Now they head into what could be another busy off-season for one of baseball's most talked-about franchises.

Although Detroit won the American League pennant, a World Series sweep at the hands of the San Francisco Giants leaves a disappointing taste for the Tigers. And it's important to remember that if not for a late-season swoon by the Chicago White Sox, Detroit might not have made the playoffs at all.

"We ended up just not being the main attraction. We got beat by the Giants," manager Jim Leyland said. "They were the main attraction. We got to the heavyweight fight and we got beat."

Leyland was managing on a one-year contract. He and general manager Dave Dombrowski tried to forgo any public discussion of the manager's

Quoted



Tigers relief pitcher Phil Coke

"We had a great run. We just got cold at the wrong time."



Tigers slugger Miguel Cabrera walks away after striking out to end Game 4 of the World Series against the Giants Sunday night in Detroit. MATT SLOCUM/THE ASSOCIATED PRESS FILE

future until after the season, so that's probably the most immediate issue that needs to be resolved.

If Leyland is back, he'll again preside over a core of talent that can match pretty much any in baseball. Justin Verlander may win his second straight Cy Young Award, and he's backed by right-handers Max Scherzer and Doug Fister, who have become imposing parts of the rotation.

Triple Crown winner Miguel Cabrera is in his prime, and Prince Fielder made a smooth transition to Detroit after signing a \$214-million contract in the off-season.

That was the move that

signalled to everyone that the Tigers were serious about making a title run right away. It had actually been a quiet start to the off-season before designated hitter Victor Martinez went down with a serious knee injury that would sideline him for the whole 2012 campaign. Then the Tigers acted boldly, signing Fielder.

They didn't cruise to the AL Central title as many expected. Instead, Detroit went 88-74, barely good enough to outlast the White Sox by three games.

But Verlander threw a shut-out at Oakland in Game 5 of the division series, and the Tigers swept the New York Yankees in the AL champion-

ship series, raising hopes that the team was peaking at exactly the right time.

"We've got to feel proud about what we did this year," Cabrera said. "We went through a lot, down and up."

After Detroit went quietly in the World Series, questions will surface again on what needs to be done to improve.

"We have more experience now. The same team is going to be here — that's a positive — with more," Fielder said. "A lot of great things happened, but unfortunately it closed out with this. You win some and you lose some — and we lost four."

THE ASSOCIATED PRESS

Golf. Sens ink partnership with local PGAer Fritsch

Ottawa native Brad Fritsch will be sporting the logo of his favourite NHL team next season on the PGA Tour.

The Ottawa Senators announced a promotional partnership with Fritsch on Monday, a day after the local golfer locked up a spot on the PGA Tour.

The partnership provides Fritsch with financial support and will see him wear the Senators logo on his shirt and golf bag. The 34-year-old resident of Manotick will also participate in community events with the Senators.

"I am overjoyed to partner with and represent the NHL team that I've grown up with the last 20 years," Fritsch said in a release. "It is an honour and a pleasure to be associated with the Senators and my hope is that this is a partnership that



Manotick's Brad Fritsch GETTY IMAGES FILE

will last for many, many years."

Fritsch shot a 69 on Sunday in his final round of the Web.com Tour Championship in Texas. He finished in a tie for ninth overall to move to No. 18 on the money list with total earnings for the year at \$186,168.

The 2013 PGA Tour season begins in January.

THE CANADIAN PRESS

Lakers contemplate opening without Kobe

Kobe Bryant has missed the last week of practice with an injury. His teammates still don't know their new offence. And the Los Angeles Lakers just finished the first winless pre-season in franchise history.

Ready or not — and most signs point to not — the Lakers regular season has arrived.

Bryant sat out Monday while his teammates went through a lengthy workout ahead of Tuesday night's opener against Dallas. It's the first of four games in six days for a star-studded club with championship aspirations, but plenty of work ahead.

"I think all of us are ready (for) the popcorn and the lights to come on tomorrow," said Dwight Howard, who played in just two pre-season games

Quoted



"I think in the long run, we'll get plenty of time. It's just a matter of how quickly we can get some chemistry and some success."

Lakers point guard Steve Nash

while returning from back surgery. "It's not going to come overnight. We all understand that. We just have to stay patient through the whole process. We have to keep working, and we'll be fine."

Bryant might not be fine for

a bit longer. The fifth-leading scorer in NBA history is resting his right foot, which was bruised and strained last week, and the Lakers won't decide whether he'll play against the Mavericks until game time.

He showed up at the Lakers training complex Monday for treatment and practice, yelling at his teammates from the sideline while Jodie Meeks ran with the Los Angeles starters.

"We've got to worry about that when it comes, but I can see him playing tomorrow, definitely," Metta World Peace said of Bryant. "When Kobe is hurt, whether it's the pre-season or the playoffs, he plays.... Kobe has never been afraid to be hurt and play. I think his mind is different from other people."

THE ASSOCIATED PRESS

MLB

WORLD SERIES

(Best-of-7)
(San Francisco wins series 4-0)
Sunday's result
San Francisco 4 Detroit 3, 10 innings

GIANTS 4 TIGERS 3, (10 INN.)

LATE SUNDAY NIGHT

| San Francisco | AB | R | H | BI | BB | SO | Avg. |
|----------------|---------------------|----------|----------|----------|----------|-----------|------|
| Pagan cf | 5 | 0 | 0 | 0 | 0 | 2 | .125 |
| Scutaro 2b | 4 | 1 | 2 | 1 | 1 | 0 | .250 |
| Sandoval 3b | 5 | 0 | 1 | 0 | 0 | 2 | .500 |
| Arias 3b | 0 | 0 | 0 | 0 | 0 | 0 | — |
| Possey c | 4 | 1 | 1 | 2 | 0 | 2 | .267 |
| Pence rf | 4 | 1 | 1 | 0 | 0 | 3 | .286 |
| Belt 1b | 3 | 0 | 1 | 1 | 1 | 1 | .077 |
| G.Blanco lf | 4 | 0 | 1 | 0 | 0 | 2 | .267 |
| Theriot dh | 4 | 1 | 1 | 0 | 0 | 1 | .200 |
| B.Crawford ss | 3 | 0 | 1 | 0 | 0 | 0 | .250 |
| Totals | 36 | 4 | 9 | 4 | 2 | 13 | |
| Detroit | AB | R | H | BI | BB | SO | Avg. |
| A.Jackson cf | 4 | 1 | 0 | 0 | 1 | 2 | .231 |
| Berry lf | 3 | 0 | 0 | 0 | 0 | 0 | .000 |
| A.Garcia ph-rf | 0 | 0 | 0 | 0 | 0 | 0 | .000 |
| p-D.Kelly ph | 1 | 0 | 0 | 0 | 0 | 1 | .000 |
| Mi.Cabrera 3b | 4 | 1 | 1 | 2 | 1 | 3 | .231 |
| Fielder 1b | 4 | 0 | 0 | 0 | 0 | 2 | .071 |
| D.Young dh | 4 | 1 | 2 | 0 | 2 | 3 | .357 |
| Dirks rf-lf | 4 | 0 | 1 | 0 | 0 | 1 | .111 |
| Jh.Peralta ss | 4 | 0 | 0 | 0 | 0 | 1 | .067 |
| Infante 2b | 3 | 0 | 1 | 0 | 0 | 0 | .333 |
| Worth pr-2b | 0 | 0 | 0 | 0 | 0 | 0 | .000 |
| G.Laird c | 4 | 0 | 0 | 0 | 0 | 0 | .000 |
| Totals | 35 | 3 | 5 | 3 | 3 | 12 | |
| San Francisco | 010 002 000 1-4 9 0 | | | | | | |
| Detroit | 002 001 000 0-3 5 0 | | | | | | |

Saturday's result
San Francisco 2 Detroit 0
Thursday's result
San Francisco 2 Detroit 0
Wednesday's result
San Francisco 8 Detroit 3

LOB—San Francisco 5, Detroit 6. 2B—Pence (1). 3B—Belt (1). HR—Possey (1), off Scherzer; Mi.Cabrera (1), off M.Cain; D.Young (1), off M.Cain. RBIs—Scutaro (3), Posey (2), Belt (1), Mi.Cabrera (2), D.Young (1). CS—Belt (1). S—B.Crawford.
Runners left in scoring position—San Francisco 3 (Theriot, Possey, Pagan).
RISP—San Francisco 2 for 9; Detroit 1 for 1. Runners moved up—Theriot, Berry. GDP—Sandoval.
DP—Detroit 2 (G.Laird, G.Laird, Jh.Peralta), (Fielder, Jh.Peralta, Dotel).

| San Francisco | IP | H | R | ER | BB | SO | NP | ERA |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|----------|----------|-----------|-----------|-----------|-----------|------------|
| M.Cain | 7 | 5 | 3 | 3 | 2 | 5102 | 3.86 | |
| Affeldt | 1 $\frac{2}{3}$ | 0 | 0 | 0 | 1 | 4 | 29 | 0.00 |
| S.Cassilla W-L | 1 $\frac{2}{3}$ | 0 | 0 | 0 | 0 | 0 | 5 | 0.00 |
| Romo S, 3-3 | 1 | 0 | 0 | 0 | 0 | 3 | 15 | 0.00 |
| Detroit | IP | H | R | ER | BB | SO | NP | ERA |
| Scherzer | 6 $\frac{2}{3}$ | 7 | 3 | 3 | 1 | 8 | 90 | 4.26 |
| Smily | 1 $\frac{2}{3}$ | 0 | 0 | 0 | 0 | 0 | 5 | 5.40 |
| Dotel | 1 $\frac{2}{3}$ | 0 | 0 | 0 | 1 | 1 | 18 | 0.00 |
| Coke L, 0-1 | 2 | 2 | 1 | 1 | 0 | 4 | 27 | 2.70 |
| Inherited runners scored—Smily 1-0, Dotel 1-0. HBP—by S.Cassilla (Infante). Umpires—Home, Brian O'Nora; First, Brian Gorman; Second, Joe West; Third, Gerry Davis; Right, Fieldin Culbreth; Left, Dan Iassogna. T—3:34. A—42,152 at Detroit. | | | | | | | | |

| TENNIS | | | | | | | | | | | |
|------------------------------------------------------------------------------|-------------|--|--|--|--|--|--|--|--|--|--|
| ATP | | | | | | | | | | | |
| BNP PARIBAS MASTERS | | | | | | | | | | | |
| At Paris, France | | | | | | | | | | | |
| Singles — First Round | | | | | | | | | | | |
| Carlos Berlocq, Argentina, def. Denis Istomin, Uzbekistan, 7-6 (7-5), 6-2. | | | | | | | | | | | |
| Jerzy Janowicz, Poland, def. Philipp Kohlschreiber, Germany, 7-6 (7-5), 6-4. | | | | | | | | | | | |
| Albert Ramos, Spain, def. Feliciano Lopez, Spain, 7-6 (7-5), 6-4. | | | | | | | | | | | |
| Julien Benneteau, France, def. Viktor Troicki, Serbia, 6-4, 7-5. | | | | | | | | | | | |
| Alejandro Falla, Colombia, def. Florian Mayer, Germany, 7-6 (7-3), 6-2. | | | | | | | | | | | |
| Gilles Simon, France, def. Marcos Baghdatis, Cyprus, 7-5, 6-1. | | | | | | | | | | | |
| Benoit Paire, France, def. Pablo Andujar, Spain, 6-3, 6-4. | | | | | | | | | | | |
| Andreas Seppi, Italy, def. Martin Klizan, Slovakia, 6-2, 2-6, 7-6 (7-5). | | | | | | | | | | | |
| Marcel Granollers, Spain, def. Mikhail Youzhny, Russia, 6-4, 6-3. | | | | | | | | | | | |
| Kevin Anderson, South Africa, def. Thomaz Bellucci, Brazil, 6-2, 6-1. | | | | | | | | | | | |
| TOUR MONEY LEADERS | | | | | | | | | | | |
| (all figures in U.S. dollars) | | | | | | | | | | | |
| Through October 29 | | | | | | | | | | | |
| 1. Novak Djokovic | \$8,172,445 | | | | | | | | | | |
| 2. Roger Federer | \$6,624,842 | | | | | | | | | | |

| NBA | | | | | | | | | | | |
|-------------------------------------|--|--|--|--|--|--|--|--|--|--|--|
| Tuesday's games — All Times Eastern | | | | | | | | | | | |
| Washington at Cleveland, 7 p.m. | | | | | | | | | | | |
| Boston at Miami, 8 p.m. | | | | | | | | | | | |
| Dallas at L.A. Lakers, 10:30 p.m. | | | | | | | | | | | |
| Wednesday's games | | | | | | | | | | | |
| Denver at Philadelphia, 7 p.m. | | | | | | | | | | | |
| Indiana at Toronto, 7 p.m. | | | | | | | | | | | |

| Saturday's result San Francisco 2 Detroit 0 | | | | | | | | | | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|--|--|--|--|--|--|
| Thursday's result San Francisco 2 Detroit 0 | | | | | | | | | | | |
| Wednesday's result San Francisco 8 Detroit 3 | | | | | | | | | | | |
| LOB—San Francisco 5, Detroit 6, 2B—Pence (1), 3B—Belt (1), HR—Posey (1), off Scherzer; Mi.Cabrera (1), off M.Cain; D.Young (1), off M.Cain. RBIs—Scutaro (3), Posey 2 (3), Belt (1), Mi.Cabrera 2 (3), D.Young (1). CS—Belt (1). S—B.Crawford. Runners left in scoring position—San Francisco 3 (Theriot, Posey, Pagan). RISP—San Francisco 2 for 9; Detroit 1 for 1. Runners moved up—Theriot, Berry, GIDP—Sandoval. DP—Detroit 2 (G.Laird, G.Laird, Jh.Peralta), (Fielder, Jh.Peralta, Dotel). San Francisco IP H R ER BB SO NP ERA M.Cain 7 5 3 3 2 5102 3.86 Affeldt 1 1/4 0 0 0 0 1 4 29 0.00 S.Casilla W, 1-0 1/2 0 0 0 0 0 5 0.00 Romo S, 3-3 1 0 0 0 0 3 15 0.00 Detroit IP H R ER BB SO NP ERA Scherzer 6 1/3 7 3 3 1 8 90 4.26 Smyly 1/2 0 0 0 0 0 5 5.40 Dotel 1 1/2 0 0 0 1 1 18 0.00 Coke L, 0-1 2 2 1 1 0 4 27 2.70 Inherited runners—scored—Smyly 1-0, Dotel 1-0. HBP—by S.Casilla (Infante). Umpires—Home, Brian O'Nora; First, Brian Gorman; Second, Joe West; Third, Gerry Davis; Right, Fieldin Culbreth; Left, Dan Iassogna. T—3:34. A—42,152 at Detroit. | | | | | | | | | | | |

| TENNIS | | | | | | | | | | | |
|------------------------------------------------------------------------------|-------------|--|--|--|--|--|--|--|--|--|--|
| ATP | | | | | | | | | | | |
| BNP PARIBAS MASTERS | | | | | | | | | | | |
| At Paris, France | | | | | | | | | | | |
| Singles — First Round | | | | | | | | | | | |
| Carlos Berlocq, Argentina, def. Denis Istomin, Uzbekistan, 7-6 (7-5), 6-2. | | | | | | | | | | | |
| Jerzy Janowicz, Poland, def. Philipp Kohlschreiber, Germany, 7-6 (7-5), 6-4. | | | | | | | | | | | |
| Albert Ramos, Spain, def. Feliciano Lopez, Spain, 7-6 (7-5), 6-4. | | | | | | | | | | | |
| Julien Benneteau, France, def. Viktor Troicki, Serbia, 6-4, 7-5. | | | | | | | | | | | |
| Alejandro Falla, Colombia, def. Florian Mayer, Germany, 7-6 (7-3), 6-2. | | | | | | | | | | | |
| Gilles Simon, France, def. Marcos Baghdatis, Cyprus, 7-5, 6-1. | | | | | | | | | | | |
| Benoit Paire, France, def. Pablo Andujar, Spain, 6-3, 6-4. | | | | | | | | | | | |
| Andreas Seppi, Italy, def. Martin Klizan, Slovakia, 6-2, 2-6, 7-6 (7-5). | | | | | | | | | | | |
| Marcel Granollers, Spain, def. Mikhail Youzhny, Russia, 6-4, 6-3. | | | | | | | | | | | |
| Kevin Anderson, South Africa, def. Thomaz Bellucci, Brazil, 6-2, 6-1. | | | | | | | | | | | |
| TOUR MONEY LEADERS | | | | | | | | | | | |
| (all figures in U.S. dollars) | | | | | | | | | | | |
| Through October 29 | | | | | | | | | | | |
| 1. Novak Djokovic | \$8,172,445 | | | | | | | | | | |
| 2. Roger Federer | \$6,624,842 | | | | | | | | | | |

| NBA | | | | | | | | | | | |
|-------------------------------------|--|--|--|--|--|--|--|--|--|--|--|
| Tuesday's games — All Times Eastern | | | | | | | | | | | |
| Washington at Cleveland, 7 p.m. | | | | | | | | | | | |
| Boston at Miami, 8 p.m. | | | | | | | | | | | |
| Dallas at L.A. Lakers, 10:30 p.m. | | | | | | | | | | | |
| Wednesday's games | | | | | | | | | | | |
| Denver at Philadelphia, 7 p.m. | | | | | | | | | | | |
| Indiana at Toronto, 7 p.m. | | | | | | | | | | | |

AHL

EASTERN CONFERENCE

ATLANTIC DIVISION

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|------------|----|---|---|-----|-----|----|----|----|
| Manchester | 6 | 5 | 1 | 0 | 0 | 23 | 11 | 10 |
| St. John's | 8 | 4 | 4 | 0 | 0 | 21 | 26 | 8 |
| Portland | 7 | 3 | 3 | 1 | 0 | 31 | 29 | 7 |
| Worcester | 7 | 2 | 4 | 0 | 1 | 20 | 27 | 5 |
| Providence | 6 | 2 | 4 | 0 | 0 | 13 | 20 | 4 |

NORTHEAST DIVISION

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|-------------|----|---|---|-----|-----|----|----|----|
| Springfield | 7 | 5 | 1 | 0 | 1 | 21 | 12 | 11 |
| Bridgeport | 6 | 4 | 2 | 0 | 0 | 19 | 20 | 8 |
| Connecticut | 7 | 3 | 3 | 1 | 0 | 27 | 26 | 7 |
| Adirondack | 7 | 3 | 4 | 0 | 0 | 18 | 26 | 6 |
| Albany | 6 | 2 | 4 | 0 | 0 | 14 | 14 | 4 |

EAST DIVISION

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|--------------|----|---|---|-----|-----|----|----|----|
| Norfolk | 6 | 5 | 1 | 0 | 0 | 23 | 15 | 10 |
| Syracuse | 7 | 4 | 1 | 1 | 1 | 25 | 25 | 10 |
| Binghamton | 7 | 3 | 3 | 1 | 0 | 16 | 20 | 7 |
| Hershey | 7 | 3 | 3 | 1 | 0 | 21 | 21 | 7 |
| W-B/Scranton | 7 | 2 | 5 | 0 | 0 | 17 | 20 | 4 |

Wednesday's game — All Times Eastern

Charlotte at Milwaukee, 8 p.m.

Thursday's games

Lake Erie at Peoria, 8:05 p.m.

Toronto at Abbotsford, 10 p.m.

Friday's games

Syracuse at Adirondack, 7 p.m.

Connecticut at Albany, 7 p.m.

Wilkes-Barre/Scranton at Manchester, 7 p.m.

Hershey at Springfield, 7 p.m.

Worcester at Providence, 7:05 p.m.

Hamilton at Rochester, 7:05 p.m.

Binghamton at Norfolk, 7:30 p.m.

St. John's at Portland, 7:30 p.m.

Lake Erie at Milwaukee, 8 p.m.

Houston at Oklahoma City, 8 p.m.

Chicago at Rockford, 8:05 p.m.

Grand Rapids at San Antonio, 8:30 p.m.

Toronto at Abbotsford, 10 p.m.

WESTERN CONFERENCE

NORTH DIVISION

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|------------|----|---|---|-----|-----|----|----|----|
| Rochester | 8 | 5 | 2 | 1 | 0 | 33 | 29 | 11 |
| Abbotsford | 7 | 4 | 1 | 0 | 2 | 25 | 16 | 10 |
| Lake Erie | 8 | 5 | 3 | 0 | 0 | 27 | 19 | 10 |
| Hamilton | 6 | 3 | 3 | 2 | 1 | 0 | 15 | 18 |
| Toronto | 6 | 3 | 2 | 1 | 0 | 17 | 17 | 7 |

MIDWEST DIVISION

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|--------------|----|---|---|-----|-----|----|----|----|
| Chicago | 8 | 5 | 2 | 1 | 0 | 21 | 22 | 11 |
| Rockford | 8 | 4 | 3 | 1 | 0 | 21 | 21 | 9 |
| Grand Rapids | 7 | 2 | 3 | 1 | 1 | 24 | 28 | 6 |
| Peoria | 7 | 2 | 4 | 1 | 0 | 10 | 24 | 5 |
| Milwaukee | 6 | 2 | 4 | 0 | 0 | 12 | 18 | 4 |

SOUTH DIVISION

| | GP | W | L | OTL | SOL | GF | GA | Pt |
|---------------|----|---|---|-----|-----|----|----|----|
| Charlotte | 8 | 6 | 1 | 0 | 1 | 32 | 18 | 13 |
| Houston | 7 | 4 | 2 | 1 | 0 | 27 | 19 | 9 |
| Oklahoma City | 7 | 4 | 3 | 0 | 0 | 24 | 22 | 8 |
| Texas | 7 | 3 | 4 | 0 | 0 | 15 | 23 | 6 |
| San Antonio | 7 | 2 | 4 | 0 | 1 | 14 | 20 | 5 |

Saturday, Nov. 3

Albany at Adirondack, 7 p.m.

Hershey at Bridgeport, 7 p.m.

Rochester at Hamilton, 7 p.m.

St. John's at Worcester, 7 p.m.

Binghamton at Norfolk, 7:15 p.m.

Houston at Oklahoma City, 8 p.m.

Grand Rapids at Texas, 8 p.m.

Milwaukee at Peoria, 8:05 p.m.

Lake Erie at Rockford, 8:05 p.m.

Sunday, Nov. 4

Wilkes-Barre/Scranton at Bridgeport, 3 p.m.

Chicago at Charlotte, 3 p.m.

Manchester at Worcester, 3 p.m.

St. John's at Providence, 3:05 p.m.

Oklahoma City at San Antonio, 5:30 p.m.

Grand Rapids at Houston, 6:05 p.m.

Horoscopes

Aries

March 21 - April 20

You will make your needs and desires known with ease today. Partners and colleagues will "get it" instantly, not least because you have such a straightforward way of expressing yourself. Try not to be rude though.

Taurus

April 21 - May 21

Others will do your bidding with no questions asked. With the Sun and Pluto on good terms, you have that imperious air that compels people to do what you say. Whether it's good for you, or them, is another matter.

Gemini

May 22 - June 21

Push your suspicions to one side and learn to trust the people you work and do business with. If you hesitate or hedge your bets, you may look back later and mentally kick yourself for being so timid.

Cancer

June 22 - July 23

Good news of one sort or another will come your way over the next 24 hours. Most likely it will have something to do with a long-term creative project or an affair of the heart — or maybe both.

Leo

July 24 - Aug. 23

You won't have to make much of an effort today — the world will come to you. Everything seems to be happening at just the right time and in just the right way. Make the most of this lucky streak.

Virgo

Aug. 24 - Sept. 23

Before you allow yourself to get annoyed with someone, make sure you have heard them right and make sure you understand what they are trying to say. It could be your own understanding that is at fault.

Libra

Sept. 24 - Oct. 23

Today's Sun-Pluto link is good for family and financial matters, and if you act quickly and decisively you will make some kind of breakthrough. Don't sit back and wait for things to happen. Go out and make them happen.

Scorpio

Oct. 24 - Nov. 22

This is a great time for getting things done, and a great time for travelling and socializing too. If you have been daydreaming about making an escape, this could be the day when you do it for real.

Sagittarius

Nov. 23 - Dec. 21

Your fortunes will change for the better over the next few days but there is no point trying to rush things. The Sun in the most sensitive area of your chart indicates you will achieve more by doing less.

Capricorn

Dec. 22 - Jan. 20

Pluto in your birth sign makes you ultra ambitious but today's link to the Sun means you need to let those you are working alongside make more of an input. They've got some good ideas too you know.

Aquarius

Jan. 21 - Feb. 19

Quality is always more important than quantity, so slow down a bit and focus on the one thing you are really good at. You don't have to do everything to be a success. Identify your niche.

Pisces

Feb. 20 - March 20

The cosmic picture is so favourable at the moment that you have every reason to believe that life will just keep on getting better. Today's Sun-Pluto link urges you to be more dynamic. Take what it is you desire. **SALLY BROMPTON**

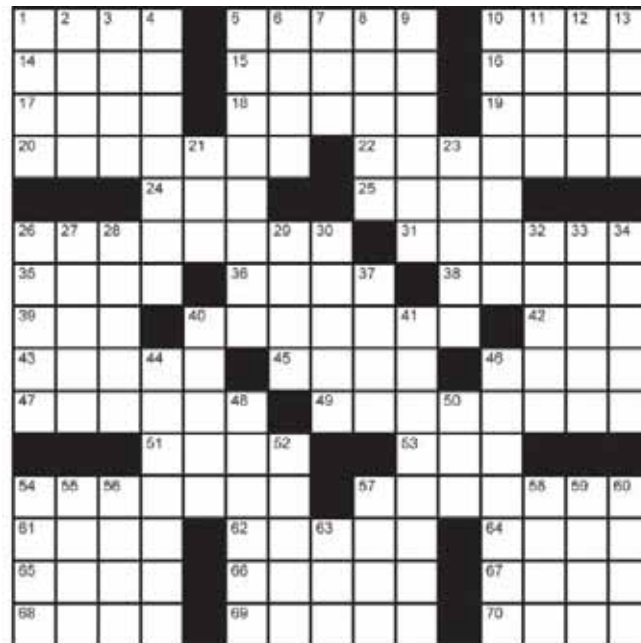
Miscellany

Across

1. ___ Scotia
5. Slurpees' competitors
10. Carriage horse's pace
14. Figure skater's leap
15. Engine supercharger, for short
16. Arranges crookedly, as a prizefight
17. Albanian neighbour
18. Distribute, as confetti
19. Southern California's best-known university, for short
20. Rabbit ears, e.g.
22. Third-largest municipality in 4-Down (2 wds.)
24. Kanga's child in the Winnie-the-Pooh books
25. Elm or oak
26. Come ___ : go to pieces, behaviourally
31. Discolors
35. "And ___ word from our sponsor" (2 wds.)
36. Bird feeder food
38. Bad news for a taxpayer
39. Island: Fr.
40. R.B. ___ : 11th Prime Minister (1930-35)
42. Big event for a dot-com: initialism
43. Like a wave, sometimes (when overwhelming)
45. Fly high
46. Lion's bellow
47. Having good placement in a race or tournament
49. Member of a Montréal CFL team
51. ___ Krishna
53. 1960s counterculture hallucinogen
54. Firmly fastened, like the seams on Levis
57. Hubbub
61. Hertz Rent-_-
62. "It's ___!": phrase of confirmation for an assignation (2 wds.)
64. Canada's largest petrol company
65. Ontario-born *Scream* star Campbell
66. The ___ of *Anne Frank*
67. In addition
68. Alumnus, for short
69. Circus animals that balance balls
70. Legal wrongdoing

Down

1. US space gp.
2. Yoked beasts
3. Green: Fr.
4. "Wild Rose Country" province
5. Defeatist declaration (3 wds.)
6. ___ deal: reach an agreement (2 wds.)
7. Flub
8. TV movie critic Roger
9. Farmers, when they strew seeds
10. 15th PM (1980-84)
11. Asian staple grain
12. Stare at
13. Pre-1917 Russian leader
21. And not
23. Coup _'___ : political rebellion
26. Apartments
27. "It's the truth!" (2 wds.)
28. Stockholm native
29. Religious sisters
30. Columbus's birthplace
32. Numskull
33. ___ your heels: bite on like a puppy (2 wds.)
34. Emporium
37. Blue shade
40. Sheep's cry
41. Streetcars
44. Stuck (to)
46. Beef or lamb, but not
48. Expects the worst
50. Can. neighbour
52. Murphy of *48 HRS.*
54. Resounded
55. Baker's frosting tool
56. "___-voom!"
57. Bottom-row PC key
58. Norway's capital
59. Soviet Union: initialism
60. Cheer (for)
63. Small battery



BY MICHAEL WIESENBERG

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 4 | 2 | 6 | 7 | 1 | 3 | 5 | 8 |
| 6 | 1 | 7 | 8 | 5 | 3 | 4 | 2 | 9 |
| 3 | 5 | 8 | 4 | 9 | 2 | 7 | 1 | 6 |
| 5 | 9 | 4 | 1 | 2 | 8 | 6 | 3 | 7 |
| 1 | 8 | 3 | 7 | 6 | 4 | 5 | 9 | 2 |
| 2 | 7 | 6 | 5 | 3 | 9 | 1 | 8 | 4 |
| 7 | 2 | 9 | 3 | 1 | 6 | 8 | 4 | 5 |
| 4 | 3 | 5 | 2 | 8 | 7 | 9 | 6 | 1 |
| 8 | 6 | 1 | 9 | 4 | 5 | 2 | 7 | 3 |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 9 | | 3 | | 1 | 6 | |
| 7 | 5 | | 1 | | | | 3 | |
| | | 2 | | | 6 | | | |
| | 3 | | 9 | | | | | |
| 1 | | 8 | | | | 7 | | 4 |
| | | | | 2 | | 3 | | |
| | | | 6 | | | 2 | | |
| | 6 | | | | 2 | | 9 | 3 |
| | 7 | 1 | | 4 | | 5 | | |

Today
17°/6°
Showers
40%

Wednesday
13°/4°
Rain
90%

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